

St. Joseph's Catholic Church



Exaltation of the Holy Cross

September 14, 2025

"For God sent his Son into the world not to condemn the world, but so that through him the world might be saved."

Mission Statement

Grounded in the gospel of Jesus Christ through liturgy, Eucharistic worship and outreach, St. Joseph's Parish calls the faithful to an active involvement in parish life and responsible participation in extending Christ – like values to the wider community.

Liturgy Schedule

Weekend

Saturday: 5:15 p.m.
Sunday: 9:00 a.m., 11:00 a.m.

Weekday

Monday 5:15 p.m.
Tuesday 9:00 a.m.
Wednesday 9:00 a.m.
Thursday 9:00 a.m.
Friday 5:15 p.m.

Holy Hour and Divine Mercy Prayers

Monday and Friday 4:00 p.m.

Sacraments

Baptism

Sunday after the 11:00 a.m. Mass – Registration required, please contact the Parish.

Confession

Monday, Friday & Saturday 4:00 p.m. – 5:00 p.m.

Marriage

Six months' notice is required, as well as a Marriage Preparation Course. Please contact the Parish.

Anointing

Please contact the Parish.

Parish Office Hours:

Monday to Friday 8:30 a.m. – 4:30 p.m.;
(closed 12:00 noon – 1:00 p.m.)
Susan Lett, Parish Secretary

Parish Organizations

Catholic Women's League

Kathi Colwell & Susan

Conway Williamson

Knights of Columbus, 11670

Patrick Greenwood

Parish Ministries

Finance Committee

Rev. Cosmas Ajawara

Parish Pastoral Council

Ben Krasna

Lectors

Carol Kavanaugh

Eucharistic Ministers

Carol Kavanaugh

Ministry to Sick & Homebound

Chris Jones & Monna

Splinter

Ministry to Seniors (Cards)

Judy Saunders

Ministry at Extending Care

Mary Clancy

Ushers

Ian Stewart

Sacristans

Fran Price

Culture of Life

Ben Krasna

Parish Engagement

Mary Clancy

Funeral Choir

Shirley Kelliher

Junior Liturgy

Kelly Canning

Sacramental Preparation

Alison Bogle

Altar Servers

Kelly Canning

Music Ministry

Theresa Whalen-Witjes

Youth Choir

Sheila Fowler

Parish Schools

St. Thomas More Catholic School - Sandra Fragosso, Principal

234 Norman Rogers Dr., Kingston, ON K7M 2R4

613-542-1575

St. Paul's Catholic School - Chantal Courneyea, Principal

266 McMahon Ave., Kingston, ON K7M 3H2

613-542-6101

392 Palace Road, Kingston, Ontario K7L 4T3 Tel. 613-547-5004
Email: stjoseph.kingston@archkingston.ca

Parish Website: www.stjosephskingston.ca

Rev. Cosmas Ajawara, Pastor

The Exaltation of the Holy Cross September 14, 2025

Introduction

We gather today giving thanks for all that we ourselves have learnt and received and we re-commit ourselves to pass on the Gospel of Christ to all we meet.

First Reading: Numbers 21:4b-9

God tells Moses to mount a bronze serpent on a pole and says that anyone who is bitten and looks at it will live. This anticipates Christ on the cross. Jesus will later say that as Moses lifted up the serpent in the wilderness, so much the Son of Man be lifted up, that whoever believes in him may have eternal life.

Second Reading: Philippians 2-6-11

Although Jesus is the Son of God, he humbled Himself for our sake, taking on our humanity and choosing death on the cross.

Gospel: John 3:13-17

On the cross Jesus shows us the depth of his love.

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MASSES FOR THIS WEEK

Monday, 15 September

5:15 p.m. Peter Goudreau

Tuesday, 16 September

9:00 a.m. Ellen Mangan – Rowena & Michael Strong

Wednesday, 17 September

9:00 a.m. Kevin Mulrooney (3rd Anniversary) – Dorothy Mulrooney & Family

Thursday, 18 September

9:00 a.m. Don Ley – RSHJ

Friday, 19 September

5:15 p.m. Antonio Almeida – The Family

Saturday, 20 September

5:15 p.m. Teresinha Medeiros – Liseta Medeiros

Sunday, 21 September

9:00 a.m. Clair & Wilma Kearns

11:00 a.m. People of the Parish

Join our online Mass on Sunday at 11:00 a.m. visit www.stjosephskingston.ca.

PRAYERS FOR THE DECEASED

You are asked to remember in prayer those recently deceased.

PRAYERS FOR THOSE WHO ARE ILL

Please remember in your prayers the following: Donna V.; Rob Hearst; Barbara Anne Caron; Doreen Saunders; Brian Begbie; Richard Devette; Kent Hawley; Bruce Johnson; Chuck Scott; Joan Bryan; Larry Rochefort; Margaret Kennedy; Carol McKeown; Marguerite Grant; Mel Kane; Christina Kennedy.

If there are members of your family or friends who are ill or recently died, and for whom you wish prayers, please contact Susan at the parish office at 613-547-5004.

PARISH WASHROOMS The parish hall washroom is now closed due to our parish hall renovations. Please use the washrooms at the main entrance. Sorry for any inconvenience.

Fr. Cosmas Reflection

The Cross of our Salvation

Today we do not simply remember the cross as a piece of wood, but as the sign of our salvation.

In the first reading, the Israelites were bitten by serpents in the desert. When they looked upon the bronze serpent lifted up by Moses, they were healed. This foreshadows Christ lifted up on the cross. Whoever looks upon Him with faith is healed from the bite of sin.

St. Paul tells us in Philippians that Jesus, though equal with God, “emptied Himself” and accepted the most shameful death—the death of a criminal on a cross. And because of this humility, God exalted Him, so that every knee should bend and every tongue confess that Jesus Christ is Lord.

In the Gospel, we hear the verse we all know by heart: “God so loved the world that He gave His only Son.” The cross is not a sign of defeat—it is the proof of God’s limitless love. What looks like shame becomes glory; what looks like death becomes life.

That is why the Church “exalts” the cross today. We raise it high not because we love suffering, but because through the cross we see the depth of God’s mercy and the triumph of Christ. The cross reminds us that no suffering we carry, no sin we bear, is beyond the reach of God’s redeeming love. So, brothers and sisters, let us ask ourselves: Do I look upon the cross as a burden, or as a blessing? When I see the crucifix, do I see only pain, or do I also see God’s victory?

As we celebrate this feast, let us carry the cross with faith, unite our struggles with Christ’s, and find strength in His love. For the cross is not the end—it is the way to resurrection.

We adore you, O Christ, and we bless you, because by your holy cross you have redeemed the world.

CENTRAL DEANERY HOLY YEAR

CELEBRATION On the Feast of the Exaltation of the Holy Cross Sunday, September 14th, 3:30 pm, St. Mary’s Cemetery. All are invited to participate in the pilgrimage at St. Mary’s Cemetery for **Adoration and Benediction**. This Deanery **Pilgrimage** provides the opportunity to praise and worship God in the Blessed Sacrament of **Christ’s Body and Blood** and to receive the indulgences of Benediction, visiting the cemetery, and the Holy Year of Jubilee. All are welcome.

JUBILEE MASS FOR RETIRED PRIEST AND FORMER PASTORS, ASSOCIATES AND DEACONS

On October 9, 2025 join us to celebrate our priest and clergy who have served the Archdiocese and in our parish over the years at a special Mass at 11:00 a.m. at St. Joseph’s Parish. Note the 9:00 a.m. Mass on October 9th will be cancelled. All are welcome to attend.

This week’s
bulletin is
sponsored by:

Gordon F. Tompkins Funeral Homes

Central Chapel
49 Colborne Street, Kingston, ON
613-546-5454
gftompkinscentral.ca

Township Chapel
435 Davis Drive, Kingston, ON
613-546-5150
gftompkinstownship.ca



St. Joseph's Parish Jubilee Year 2025



September – Sacrament of Marriage

Let your love be a witness to the world that Christian marriage is a beautiful vocation, a path to holiness, and a light of hope in today's world.

SEPTEMBER - JUBILEE MONTH OF THE SACRAMENT OF MARRIAGE

In the spirit of the Jubilee year, in the month of September, our parish joyfully invites all married couples in our parish to join in a special Thanksgiving Mass at all the weekend Masses.

Date: September 27/28

Time: 5:15PM, 9:00AM and 11AM

Venue: St Joseph's Church

During this Mass, married couples will receive a special blessing of marriage before God and the community. This is a moment of gratitude for the gift of marriage, and a joyful witness to the love that binds families together.

Couples are encouraged to attend with their families.

"What God has joined together, let no one separate." (Mark 10:9)

Let us come together to celebrate the beauty of marriage and pray for couples in our community!

NOTICE REGARDING THE CHURCH OF THE GOOD THIEF (ST. DISMAS), PORTSMOUTH VILLAGE, KINGSTON

The Archdiocese of Kingston, through its Diocesan Building & Property Committee, has been mandated to divest of the Church of the Good Thief property. In doing so, preference will be given to a local buyer who will respect the heritage of the property and repurpose it in harmony with the Portsmouth community and, more broadly, with Kingston's historical character. If you or someone you know may be interested in assuming ownership of this historic church, please contact:

Kenneth Hall, Chancellor of Temporal Affairs, Archdiocese of Kingston 613-548-4461 chancellortemporal@archkingston.ca

ST. JOSEPH'S PARISH LIFE CHAIN will take place after the 11am Mass on Sunday Oct. 5th followed by a potluck lunch on the lawn. Life Chain is a prayerful and peaceful witness to the sanctity of human life and the evil of abortion. Participants pray and hold non-graphic signs with messages such as "Abortion kills children" at hundreds of locations across North America for one hour. As Our Lord asked of His disciples: "Could you not watch one hour with me?" (Mk 14:37) All parishioners are invited to participate.

SPIRITUAL REFLECTIONS WITH ARCHBISHOP MULHALL Wednesdays; 7:00 pm St. Mary's Cathedral

We will reflect on the Beatitudes from St. Matthew's Gospel (Chapter 5) and select Psalms from the Old Testament, which we pray at Mass daily. These reflections are ongoing, so you can join at any time without missing key points. Think of them as a continuous journey of reflection, offering spiritual growth at any stage of life. May these reflections bring grace, strength, and consolation to us all as we progress in our faith.

COMMUNITY

OUR LADY OF DIVINE FIRE MISSION Anointed with Love Transformation Retreat where hearts awaken, and lives are renewed. Join Fr. Alex Colautti, CC and Pete Burak, VP of Renewal Ministries for a powerful weekend encounter with the fire of Divine Love Friday, September 19 (6:15 p.m. – 9:30 p.m.) & Saturday, September 20 (8:15 a.m. – 4:00 p.m.) at **St. Paul the Apostle Parish Hall, 1111 Taylor-Kidd Blvd., Kingston**. For more information and to register visit <https://ourladyofdivinefire.regfox.com/2025-anointed-with-love>

CWL/KNIGHT MEMBERS Join us for Declutter Donation Day on Saturday, **October 18** in support of St. Rita's weekday Drop-In Shelter meal program and Veronica's Veil, the Winter Overnight Men's Shelter across from St. Mary's Cathedral. Where: **Mercedes-Benz Kingston** Time: **10 AM – 2 PM**. Bring a large green garbage bag of gently used items from your home, cottage, or garage. Chances you have to win a prize basket worth **\$500!** Visit us on Facebook @ Declutter Donation Day, for more information and to share the event with friends and family! Monetary donations are warmly welcomed.

Schedule for the weekends of September 20-21, 2025

	Lectors	Eucharistic Ministers	Ushers	Music
Sat. 20 Sept 5:15pm	M. MacVicar H. Couto	P. Rosales J. Saunders	I. Stewart R. Lachance A. Kelly D. Mazzolin	Stacy & Tim
Sun. 21 Sept 9:00am	G. Lesperance C. Charbonneau	M. Marcial L. Orellano	I. Stewart F. Cuvelier R. Audet D. Khoueiry	Megan
Sun. 21 Sept 11:00am	F. Levesque R. McLaren	B. Tezem C. Kavanaugh	B. Krasna F. Asuncion A. Parmar D. Fernandes	Choir
Streaming of 11:00 a.m. Mass: S. Frago				
Junior Liturgy: S. Conway Williamson				



KNIGHTS CORNER: St. Rita's Drop-In Centre is a ministry of St. Mary's Cathedral, living in imitation of Christ and his direction to his disciples: "I have set you an example that you should also do as I have done to you". They care for the material, emotional and spiritual needs of the homeless and those most in need in the city. They are open Monday to Friday, 1:00-3:30 pm and have been helping those in need since 2020, and in their own words they "offer kindness, acceptance, light meals, etc". Your Knights Council have been ardent supporters of the Drop In Centre, and recently we were very pleased to present them with our annual donation of \$2000. You can also help them through monetary donations, or through volunteering. <https://stmaryscathedral.ca/dropincentre/> Now, more than ever, our fellow parishioners and Kingstonians could use some assistance with lodging, food and the other basics of life. Join the Knights today to help in providing that!



Follow us on Facebook at St. Joseph's Knights of Columbus Council 11670, Kingston!

<p>Proud to support the community.</p>		<p>Gordon F. Tompkins Funeral Home - Central Chapel Gordon F. Tompkins Funeral Home - Township Chapel by Arbor Memorial 49 Colborne St., P.O. Box 1206, Kingston, ON • 613-546-5454 436 Davis Drive, Kingston, ON • 613-546-5150</p> <p style="text-align: right;">Arbor Memorial Inc.</p>	
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<p>St. Mary's Cemetery serving our catholic community since 1856 613-548-4343 718 Division St. Kingston, ON www.stmaryscemetery.ca</p>		<p>ST. LAWRENCE POOLS Residential & Commercial HVAC Services PREMIER DEALER LENNIX Call Us: 613-389-9250</p>	
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