

St. Joseph's Catholic Church



Fourth Sunday in Ordinary Time

February 1, 2026

*"Blessed are the merciful,
for they shall receive mercy."*

Mission Statement

Grounded in the gospel of Jesus Christ through liturgy, Eucharistic worship and outreach, St. Joseph's Parish calls the faithful to an active involvement in parish life and responsible participation in extending Christ – like values to the wider community.

Liturgy Schedule

Weekend

Saturday: 5:15 p.m.
Sunday: 9:00 a.m., 11:00 a.m.

Weekday

Monday 5:15 p.m.
Tuesday 9:00 a.m.
Wednesday 9:00 a.m.
Thursday 9:00 a.m.
Friday 5:15 p.m.

Holy Hour and Divine Mercy Prayers

Monday and Friday 4:00 p.m.

Sacraments

Baptism

Sunday after the 11:00 a.m. Mass – Registration required, please contact the Parish.

Confession

Monday, Friday & Saturday 4:00 p.m. – 5:00 p.m.

Marriage

Six months' notice is required, as well as a Marriage Preparation Course. Please contact the Parish.

Anointing

Please contact the Parish.

Parish Office Hours:

Monday to Friday 8:30 a.m. – 4:30 p.m.;
(closed 12:00 noon – 1:00 p.m.)

Susan Lett, Parish Secretary

Parish Organizations

Catholic Women's League

Kathi Colwell & Susan

Conway Williamson

Knights of Columbus, 11670

Patrick Greenwood

Parish Ministries

Finance Committee

Rev. Cosmas Ajawara

Parish Pastoral Council

Ben Krasna

Lectors

Carol Kavanaugh

Eucharistic Ministers

Carol Kavanaugh

Ministry to Sick & Homebound

Chris Jones & Monna

Splinter

Ministry to Seniors (Cards)

Judy Saunders

Ministry at Extending Care

Mary Clancy

Ushers

Ian Stewart

Sacristans

Fran Price

Culture of Life

Ben Krasna

Parish Engagement

Mary Clancy

Funeral Choir

Shirley Kelliher

Junior Liturgy

Kelly Canning

Sacramental Preparation

Altar Servers

Kelly Canning

Music Ministry

Theresa Whalen-Witjes

Youth Choir

Sheila Fowler

Parish Schools

St. Thomas More Catholic School - Sandra Fragoso, Principal

234 Norman Rogers Dr., Kingston, ON K7M 2R4

613-542-1575

St. Paul's Catholic School - Chantal Courneyea, Principal

266 McMahon Ave., Kingston, ON K7M 3H2

613-542-6101

392 Palace Road, Kingston, Ontario K7L 4T3 Tel. 613-547-5004

Email: stjoseph.kingston@archkingston.ca

Parish Website: www.stjosephskingston.ca

Rev. Cosmas Ajawara, Pastor

Fourth Sunday in Ordinary Time
February 1, 2026

Introduction

"In spite of everything, I still believe that people are really good at heart." Today, Jesus offers us the Beatitudes as a radical blueprint for justice.

First Reading: Zephaniah 2:3; 3:12-13

Those who look for God find him by acting with justice.

Second Reading: 1 Corinthians 1:26-31

God's true followers are often those people who are of little importance in the eyes of the world.

Gospel: Matthew 5:1-12a

Jesus teaches that only a life of integrity can bring true and lasting happiness.

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MASSES FOR THIS WEEK

Monday, 2 February

5:15 p.m. Gloria McLaren – Robert McLaren

Tuesday, 3 February

9:00 a.m. Raymond St. Pierre

Wednesday, 4 February

9:00 a.m. Isabelle Curry – Dorothy Mulrooney

Thursday, 5 February

9:00 a.m. Louis Marcial – Marietta Marcial

Friday, 6 February

5:15 p.m. Francesco & Grace Garofalo – Josephina Saccon

Saturday, 7 February

5:15 p.m. Agustina Quintana – Sylva Bowers

Sunday, 8 February

9:00 a.m. Venancio Dos-Santos – Mr. & Mrs. Antonio Mendes & Family

11:00 a.m. People of the Parish

Join our online Mass Saturday, February 7 at 5:15 p.m. visit www.stjosephskingston.ca.

PRAYERS FOR THE DECEASED

You are asked to remember in prayer those recently deceased especially Chris Guindon; Dr. Edward O'Brien.

PRAYERS FOR THOSE WHO ARE ILL

Please remember in your prayers the following: Donna V.; Rob Hearst; Doreen Saunders; Brian Begbie; Richard Devette; Kent Hawley; Bruce Johnson; Joan Bryan; Mel Kane; Murray Wood; Gerry Koster.

If there are members of your family or friends who are ill or recently died, and for whom you wish prayers, please contact Susan at the parish office at 613-547-5004.

Fr. Cosmas Reflection

Renew us, Lord

I am very happy to be back with you after some time away on vacation. Time away is good—it allows rest, renewal, and perspective. But coming back home reminds us of something important: life does not pause, faith does not pause, and our call as disciples does not go on vacation. Today's readings speak beautifully to this moment of return and renewal.

In the Gospel, Jesus goes up the mountain and begins to teach the crowds. He does not start by giving instructions about success, wealth, or comfort. Instead, He speaks about the Beatitudes—about the kind of people who truly belong to God's Kingdom. This is Jesus calling us back to the heart of our faith.

After time away—whether from work, routine, or even spiritual focus—we often return with fresh eyes. We notice things we may have taken for granted. In the same way, the Beatitudes invite us to re-examine how we are living our Christian life in very practical ways.

As we continue this Eucharist, let us ask the Lord to renew us—not just rested, but converted. May this season be a fresh beginning for our parish family: more humility, more mercy, more hunger for God, and more commitment to living the Gospel in simple, concrete ways.

May the Lord who calls us blessed also give us the grace to live as Beatitude people.

CHURCH WASHROOMS We experienced plumbing issues relating to the sewer line in the church. During this time, the one washroom in the church, is open to elderly and handicap parishioners. All other parishioners are asked to use the temporary washroom in the new parish hall. Please follow the signs through the sacristy. During the week, parishioners are asked to use the washroom in the parish office area.

2025 INCOME TAX RECEIPTS will be available for pick-up in the Parish Office after January 26, 2026. On the weekend of February 7-8 and 14-15, income tax receipts will be available at the main entrance of the church for pick-up after Mass. Remaining receipts will be mailed out on February 23, 2026. If you notice any address errors on your receipt there will be a sheet at the main entrance or contact the parish office.

This week's bulletin is sponsored by:





CATHOLIC WOMEN'S LEAGUE

NEWS The General Meeting is **Monday, February 9 at 7:00 p.m.** in Room A at the Diocesan Centre. We will be welcoming new and renewed members and having a reaffirmation of the Executive members. • The Annual fee for our 2026 Membership continues to be \$35, so if you missed the signup, **please place the fee along with your name into an envelope marked "CWL Membership" and place it in the offering basket during any Mass. Do not leave in the CWL mail tray in the Sacristy.** Please contact Mary Clancy if you have any questions regarding renewing your membership. We hope you will join us again to help increase our focus on Faith, Service and Social & Ecological Justice in our Parish, local communities and charities.

SACRAMENT OF CONFIRMATION If you have a child in grade 8 or higher who wishes to receive this Sacrament, registration is due by February 22, 2026.

There will be a Parents meeting on March 5, 2026 in the Parish Hall at 6:30 p.m.

Any questions, please contact the Parish Office – 613-547-5004

ONLINE REGISTRATION visit our website to register
www.stjosephskingston.ca
NO LATE REGISTRATIONS WILL BE ACCEPTED.



OPTIONS FOR DONATIONING TO ST. JOSEPH'S PARISH

We have enlisted the help of a donation platform called Pllenty to help us make it easier for parishioners and visitors to donate whether it is for Sunday Offertory or to our Gather & Grow Parish Hall campaign. It is as easy as scanning the QR code or visiting a website to donate. There are small flyers at the entrances with the QR code or to take home and learn more about how it works. If you have any questions, call the Parish office during office hours for help.

THANK YOU! On behalf of Father Cosmas and the parishioners of St. Joseph's, thank you Father Nich for spending January with us.

CATHOLIC MISSIONS COLLECTION A special Diocesan collection for Catholic Missions in Canada will be taken up this weekend, 31 January - 1 February 2026. Thank you for your generosity.

COMMUNITY

BE ACTIVATED Activate 200 Missionary Disciples in the 200th year of the Archdiocese of Kingston. Join the challenge to Be Activated. Live your faith courageously. Experience transformation. And lead people to Jesus. Our Lady of Divine Fire Mission is offering "ACTIVATE" free of charge. Journey together with a small group for 8 weeks, from early March to the end of April, to pray together,

watch and discuss dynamic videos, engage in practical exercises, and encourage one another in growth. Weekly 2-hour sessions (in person or on Zoom) will be scheduled according to participant preference and availability. Register by Friday, February 21 at: <https://ourladyofdivinefire.regfox.com/be-activated>

OCTOBER 2026 PILGRIMAGE TO THE HOLY LAND WITH FR. JUSTIN & FR. PRICE

Join Fr. Justin and Fr. Price on a faith-filled pilgrimage to the Holy Land from **October 5–15, 2026**. Walk in the footsteps of Our Blessed Lord, deepen your understanding of Sacred Scripture, and experience prayer, mercy, healing, and spiritual renewal in the places where the Word became flesh. Space is limited to 40 pilgrims, with 13 already reserved, so early registration is encouraged. Further information can be found on our parish bulletin board.

MEDJUGORJE PILGRIMAGE April 20 – May 1, 2026

Join us this Easter season for a grace-filled pilgrimage to **Medjugorje**, with a 2-night stay in beautiful **Dubrovnik**. **Cost:** \$2,830 CAD (double) • **Single:** +\$350 **Includes:** Flights, hotels, daily breakfast & dinner, transfers, parish-trained guide, daily Mass & excursions. **Payments:** \$500 deposit, \$1,500 due Jan 30, final payment due Mar 6, 2025 (e-transfer) *Travel insurance not included.* **Info & Registration:** Karen Shannon – 613-848-5833
Karen.Shannon@queensu.ca

Schedule for the weekends of February 7- 8, 2026

	Lectors	Eucharistic Ministers	Ushers	Music
Sat. 7 Feb. 5:15pm	Sr.N. Hurren M.MacVicar	P. Rosales M.McLaughlin	I. Stewart S. Harrigan R.Lachance D.Mazzolin	Fortune & Tim
Sun. 8 Feb. 9:00am	M. Tudin P. Evaristo	M. Marcial A. MacKinnon	I. Stewart F. Cuvelier J. Agero P.Oliquano	Theresa & Annette
Sun. 8 Feb. 11:00am	V. Onwuliri R.McDonald	C.Kavanaugh S. Boisvert	D.Fernandes J. McLaren J. Akhtar F.Asuncion	Choir
Streaming: S. Lett (Saturday 5:15 p.m. Mass)				
Junior Liturgy: K. Canning				



KNIGHTS CORNER: The Beatitudes are often misunderstood as passive, or "nice" suggestions. However, as men of action, Knights know they are actually a manual for spiritual defence. The Beatitudes are Jesus' own "identity card," outlining the style of living for a Christian. The Beatitudes are the ultimate "into the breach" moment—they challenge us to stand against the selfishness and pride of the world. How can you? Join the Knights, it's a very good start.



Follow us on Facebook at St. Joseph's Knights of Columbus Council 11670, Kingston.

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