

# St. Joseph's Catholic Church



## Sixth Sunday in Ordinary Time

February 15, 2026

*"First be reconciled to your brother and then come and offer your gift."*

### Mission Statement

*Grounded in the gospel of Jesus Christ through liturgy, Eucharistic worship and outreach, St. Joseph's Parish calls the faithful to an active involvement in parish life and responsible participation in extending Christ – like values to the wider community.*

### Liturgy Schedule

#### Weekend

Saturday: 5:15 p.m.  
Sunday: 9:00 a.m., 11:00 a.m.

#### Weekday

Monday 5:15 p.m.  
Tuesday 9:00 a.m.  
Wednesday 9:00 a.m.  
Thursday 9:00 a.m.  
Friday 5:15 p.m.

#### Holy Hour and Divine Mercy Prayers

Monday and Friday 4:00 p.m.

#### Sacraments

##### Baptism

Sunday after the 11:00 a.m. Mass – Registration required, please contact the Parish.

##### Confession

Monday, Friday & Saturday 4:00 p.m. – 5:00 p.m.

##### Marriage

Six months' notice is required, as well as a Marriage Preparation Course. Please contact the Parish.

##### Anointing

Please contact the Parish.

#### Parish Office Hours:

Monday to Friday 8:30 a.m. – 4:30 p.m.;  
(closed 12:00 noon – 1:00 p.m.)  
Susan Lett, Parish Secretary

### Parish Organizations

Catholic Women's League

Kathi Colwell & Susan Conway Williamson  
Patrick Greenwood

Knights of Columbus, 11670

### Parish Ministries

Finance Committee

Rev. Cosmas Ajawara

Parish Pastoral Council

Ben Krasna

Lectors

Carol Kavanaugh

Eucharistic Ministers

Carol Kavanaugh

Ministry to Sick & Homebound

Chris Jones & Monna Splinter

Ministry to Seniors (Cards)

Judy Saunders

Ministry at Extendicare

Mary Clancy

Ushers

Ian Stewart

Sacristans

Fran Price

Culture of Life

Ben Krasna

Parish Engagement

Mary Clancy

Funeral Choir

Shirley Kelliher

Junior Liturgy

Kelly Canning

Sacramental Preparation

Kelly Canning

Altar Servers

Theresa Whalen-Witjes

Music Ministry

Sheila Fowler

Youth Choir

### Parish Schools

St. Thomas More Catholic School - Sandra Fragoso, Principal

234 Norman Rogers Dr., Kingston, ON K7M 2R4

613-542-1575

St. Paul's Catholic School - Chantal Courneyea, Principal

266 McMahon Ave., Kingston, ON K7M 3H2

613-542-6101

392 Palace Road, Kingston, Ontario K7L 4T3 Tel. 613-547-5004  
Email: [stjoseph.kingston@archkingston.ca](mailto:stjoseph.kingston@archkingston.ca) Parish Website: [www.stjosephskingston.ca](http://www.stjosephskingston.ca)

**Rev. Cosmas Ajawara, Pastor**

**Sixth Sunday in Ordinary Time**  
**February 15, 2026**

**Introduction**

Life involves rules and choices. We have the freedom to choose between right and wrong, our own benefit and the good of all. We gather today to remind ourselves of God's wisdom and love for us as we seek to do what is right.

**First Reading: Sirach 15:15-20**

God calls us to choose what is right and keep the commandments. God knows and sees all that we do.

**Second Reading: 1 Corinthians 2:6-10**

The Spirit has shown us the wisdom of God, which is not the same as the wisdom of our rulers.

**Gospel: Matthew 5:17-37**

Jesus tells the disciples that he will fulfill the Law and the prophets. He explains that those who keep his commandments and teach them to others will enter the kingdom of heaven.

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**MASSES FOR THIS WEEK**

**Monday, 16 February**

5:15 p.m. Mass of Thanksgiving – Ash Richard

**Tuesday, 17 February**

9:00 a.m. Tom Alexandrowicz (1<sup>st</sup> Anniversary) – Toni  
Alexandrowicz

**Wednesday, 18 February**

9:00 a.m. Charlie & Lorna Kelliher – Shirley Kelliher  
10:30 a.m. School Mass  
5:15 p.m. Raymond St. Pierre

**Thursday, 19 February**

9:00 a.m. Michael McKeown – Herman & Mary  
Overvelde

**Friday, 20 February**

5:15 p.m. Freda Coyle – Colleen Purcell

**Saturday, 21 February**

5:15 p.m. Chuck Scott – Ben, Colleen, Ann Krasna and  
Family

**Sunday, 22 February**

9:00 a.m. Léon Cartier – Patrick & Lorraine Kennedy  
11:00 a.m. People of the Parish

*Join our online Mass on Sunday at 11:00 a.m. visit  
[www.stjosephskingston.ca](http://www.stjosephskingston.ca).*

**PRAYERS FOR THE DECEASED**

You are asked to remember in prayer those recently deceased especially Jose Madrigal.

**PRAYERS FOR THOSE WHO ARE ILL**

Please remember in your prayers the following: Donna V.; Rob Hurst; Doreen Saunders; Brian Begbie; Richard Devette; Kent Hawley; Bruce Johnson; Joan Bryan; Mel Kane; Murray Wood; Gerry Koster; Raymond Doyle; Dorothy Stanley; Aileen Irvine.

*If there are members of your family or friends who are ill or recently died, and for whom you wish prayers, please contact Susan at the parish office at 613-547-5004.*

**Fr. Cosmas Reflection**

**If you choose, you can keep the commandments**

On this Sixth Sunday of the year, the Word of God places before us a serious and liberating truth: we are free, and our choices matter.

In the Book of Sirach, we hear, "If you choose, you can keep the commandments... Before you are life and death, good and evil." God does not manipulate us into holiness. He respects our freedom. He shows us the path of life, but He allows us to decide whether we will walk in it. This means our spiritual growth is not accidental. It is the fruit of daily decisions.

In the Gospel from Gospel of Matthew, Jesus deepens this truth. He says, "You have heard that it was said... but I say to you." He is not abolishing the law; He is fulfilling it. He is moving us from a religion of external compliance to a faith of interior transformation.

It is possible to live a minimal Christianity — to say, "I did not kill; I did not commit adultery; I did not steal." But Jesus goes further. He tells us that anger can be as destructive as violence, lust as damaging as adultery, and careless words as harmful as false oaths. The real battlefield is the human heart. Sin does not begin with action; it begins with attitude. It grows in thoughts, in resentment, in hidden compromises.

This teaching becomes very practical when we examine our relationships. How do we speak to our spouse, our children, our parishioners, or even strangers online? Many homes are wounded not by dramatic crimes but by sharp words, silent grudges, and unresolved anger. Jesus tells us that reconciliation is urgent. Before we approach the altar, we must examine whether we are at peace with our brothers and sisters. Holiness is not an isolated project; it is lived in community.

Today, then, we are invited to choose life — not in dramatic gestures, but in daily fidelity. If we take this seriously, our parish, our families, and our own hearts will gradually become places where the law of God is not merely observed but joyfully lived.

**2025 INCOME TAX RECEIPTS** will be available for pick-up in the Parish Office Monday to Friday and on the weekend of February 14-15 at the main entrance of the church for pick-up after Mass. Remaining receipts will be mailed out on February 23, 2026. If you notice any address errors on your receipt there will be a sheet at the main entrance or contact the parish office.

**YEAR OF THE FAMILY** (*Parish as Family Program*) This Family Day weekend, what better time to bless our parish families during the weekend masses. Pick up a copy of St. Joseph Parish Year of the Family - Parish as Family Program found at our entrances.

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## CATHOLIC WOMEN'S LEAGUE NEWS

The 2026 CWL National theme is  
*"Ignite Your Passion, Fulfill His Mission"*

• The Executive Meeting is on Monday, February 23, 2026 at 7:00 p.m. in Room A at the Diocesan Centre. • The Annual fee for our 2026 Membership continues to be \$35, so if you missed the signup, please place the fee along with your name into an envelope marked "CWL Membership" and place it in the offering basket during any Mass. Do not leave in the CWL mail tray in the Sacristy. We hope you will join us again or for the first time, to help increase our focus on Faith, Service and Social & Ecological Justice in our Parish, local communities and charities. • The dates for the 2026 Kingston Diocesan Convention are April 25 & 26th. The Diocesan Convention package will be distributed to members this upcoming week. Please plan to attend this excellent CWL event.

**SACRAMENT OF CONFIRMATION** If you have a child in grade 8 or higher who wishes to receive this Sacrament, registration is **due by February 22, 2026**. There will be a Parents meeting on March 5, 2026 in the Parish Hall at 6:30 p.m. Any questions, please contact the Parish Office – 613-547-5004.

**ONLINE REGISTRATION** visit our website to register

[www.stjosephskingston.ca](http://www.stjosephskingston.ca)

**NO LATE REGISTRATIONS WILL BE ACCEPTED.**



**DONATING TO ST. JOSEPH'S PARISH** Plenty helps us make it easier for parishioners and visitors to donate whether it is for Sunday Offertory or to our Gather & Grow Parish Hall campaign. It is as easy as scanning the QR code or visiting a website to donate. If you have any questions, call the Parish office during office hours for help.

## COMMUNITY

### **YOUR ORDINARY LIFE: A PATH TO HOLINESS**

Come, sit and reflect on God's presence in your life. Evenings of Recollection are open to anyone interested and are facilitated by members of Opus Dei ([opusdei.ca](http://opusdei.ca)).

For Women - Tues. Feb. 17 from 7-9pm at St. Joseph's

For Men - Wed. Feb. 18 from 7-9 at Holy Family

Arrive and leave when you want. For more info call 613-549-7421.

**EVENING OF PRAYER** You are invited to join students of the Encounter School of Ministry at **St. Paul the Apostle Church** on Friday, **February 27th** at **7pm** for an evening of prayer. You will have the opportunity to learn more about the liturgy of the hours through chant and song and hear testimonies from the students of their time in the Encounter School. All are welcome!

## AN INTRODUCTION TO PRISON MINISTRY

**Saturday, March 28 9:30 AM – 4:30 PM** Join us for an intensive one-day training where you will be introduced to

the key aspects, skills, and themes surrounding this ministry. Topics include: Call to Prison Ministry, Communication Skills, Boundaries, Restorative Justice, Self-care, Prison Culture...and more. Location: Francis J. Spence Pastoral Centre, Room A **390 Palace Road, Kingston**. To register: Phone Gorett at 613-548-4461 Ext. 112; [pastoralservices@archkingston.ca](mailto:pastoralservices@archkingston.ca). There is **no fee**, but **registration is required by Wednesday, March 25th, 2026**. Lunch will be provided. For more information, contact Mary-Jo at [religiousued@archkingston.ca](mailto:religiousued@archkingston.ca).

**BE ACTIVATED** Activate 200 Missionary Disciples in the 200th year of the Archdiocese of Kingston. Join the challenge to Be Activated. Live your faith courageously. Experience transformation. And lead people to Jesus. Our Lady of Divine Fire Mission is offering "ACTIVATE" free of charge. Journey together with a small group for 8 weeks, from early March to the end of April, to pray together, watch and discuss dynamic videos, engage in practical exercises, and encourage one another in growth. Weekly 2-hour sessions (in person or on Zoom) will be scheduled according to participant preference and availability. Register by Friday, February 21 at: <https://ourladyofdivinefire.regfox.com/be-activated>

## **Schedule for the weekends of February 21-22, 2026**

	<b>Lectors</b>	<b>Eucharistic Ministers</b>	<b>Ushers</b>	<b>Music</b>
<b>Sat. 21 Feb. 5:15pm</b>	Sr.N.Hurren H. Couto	Sr.L.Kearney J. Saunders	I. Stewart D. Mazzolin R. Lachance S. Harrigan	Stacy & Tim
<b>Sun. 22 Feb. 9:00am</b>	J. Watts C. Purcell	L. Orellano M. Tudin	I. Stewart F. Cuvelier R.Audet J. Agero	Sheila & Youth Choir
<b>Sun. 22 Feb. 11:00am</b>	C.Kavanaugh B. McIver	B. Tezem T.Donoghue	B. Krasna F. Levesque D.Fernandes F. Asuncion	Choir
<b>Streaming: R. McDonald</b>				
<b>Junior Liturgy: S. Fragoso</b>				



**KNIGHTS CORNER:** "Before man are life and death, good and evil, whichever he chooses shall be given him." — Sirach 15:17 This Sunday's readings challenge us to look deeper than just following the rules. In the Gospel, Jesus calls us to a righteousness that exceeds simple compliance—one rooted in the heart, in charity, and in true reconciliation with our brothers. As Knights of Columbus, we are called to be men of action, but more importantly, men of integrity. In a world that often prizes convenience over virtue, we are asked to choose life and to live out our faith with honesty—letting our "Yes" mean "Yes" and our "No" mean "No." Let us live out our faith boldly, acting as lights in our community through our charity and unity.

Follow us on Facebook at St. Joseph's Knights of Columbus Council 11670, Kingston.





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