

# St. Joseph's Catholic Church

## First Sunday of Lent February 22, 2026

*"Man shall not live by bread alone, but by every word that comes from the mouth of God"*



### Liturgy Schedule

#### Weekend

Saturday: 5:15 p.m.  
Sunday: 9:00 a.m., 11:00 a.m.

#### Weekday

Monday 5:15 p.m.  
Tuesday 9:00 a.m.  
Wednesday 9:00 a.m.  
Thursday 9:00 a.m.  
Friday 5:15 p.m.

#### Holy Hour and Divine Mercy Prayers

Monday and Friday 4:00 p.m.

#### Sacraments

##### Baptism

Sunday after the 11:00 a.m. Mass – Registration required, please contact the Parish.

##### Confession

Monday, Friday & Saturday 4:00 p.m. – 5:00 p.m.

##### Marriage

Six months' notice is required, as well as a Marriage Preparation Course. Please contact the Parish.

##### Anointing

Please contact the Parish.

#### Parish Office Hours:

Monday to Friday 8:30 a.m. – 4:30 p.m.;  
(closed 12:00 noon – 1:00 p.m.)  
Susan Lett, Parish Secretary

### Parish Organizations

Catholic Women's League

Kathi Colwell & Susan Conway Williamson  
Patrick Greenwood

Knights of Columbus, 11670

### Parish Ministries

Finance Committee

Rev. Cosmas Ajawara

Parish Pastoral Council

Ben Krasna

Lectors

Carol Kavanaugh

Eucharistic Ministers

Carol Kavanaugh

Ministry to Sick & Homebound

Chris Jones & Monna Splinter

Ministry to Seniors (Cards)

Judy Saunders

Ministry at Extendicare

Mary Clancy

Ushers

Ian Stewart

Sacristans

Fran Price

Culture of Life

Ben Krasna

Parish Engagement

Mary Clancy

Funeral Choir

Shirley Kelliher

Junior Liturgy

Kelly Canning

Sacramental Preparation

Kelly Canning

Altar Servers

Theresa Whalen-Witjes

Music Ministry

Sheila Fowler

Youth Choir

### Parish Schools

St. Thomas More Catholic School - Sandra Fragoso, Principal  
234 Norman Rogers Dr., Kingston, ON K7M 2R4  
613-542-1575

St. Paul's Catholic School - Chantal Courneyea, Principal  
266 McMahon Ave., Kingston, ON K7M 3H2  
613-542-6101

392 Palace Road, Kingston, Ontario

K7L 4T3 Tel. 613-547-5004

Email: [stjoseph.kingston@archkingston.ca](mailto:stjoseph.kingston@archkingston.ca)

Parish Website: [www.stjosephskingston.ca](http://www.stjosephskingston.ca)

**Rev. Cosmas Ajawara, Pastor**

**First Sunday of Lent**  
**February 22, 2026**

**Introduction**

“It is Lent again.” Once again, we have a time of challenge, invitation, grace in which we can rediscover God and each other.

**First Reading: Genesis 2:7-9, 3:1-7**

Greedy Adam and Eve wanted more than God had given them and gave in to temptation.

**Second Reading: Romans 5:12-19**

Despite the presence of sin in the world, Jesus redeemed us and gave us new life.

**Gospel: Matthew 4:1-11**

Jesus overcame temptation and showed us that grace is stronger than greed.

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**MASSES FOR THIS WEEK**

**Monday, 23 February**

5:15 p.m. Johanna Klaassen – Frank & Martie Cervenko

**Tuesday, 24 February**

9:00 a.m. Glen MacDonald – Marlene Narsisse Mair

**Wednesday, 25 February**

9:00 a.m. Antonio Almeida (1<sup>st</sup> Anniversary) – The Family

**Thursday, 26 February**

9:00 a.m. Wilf & Judith Garrah

**Friday, 27 February**

5:15 p.m. Maria Veenendaal – Stephan Ottenhof

**Saturday, 28 February**

5:15 p.m. Rhonda Nontell – Anne Sagriff

**Sunday, 1 March**

9:00 a.m. Joao & Alechandréma Castro – Judithe Castro

11:00 a.m. People of the Parish

*Join our online Mass on Sunday at 11:00 a.m. visit [www.stjosephskingston.ca](http://www.stjosephskingston.ca).*

**PRAYERS FOR THE DECEASED**

You are asked to remember in prayer those recently deceased especially Anna Freundorfer.

**PRAYERS FOR THOSE WHO ARE ILL**

Please remember in your prayers the following: Donna V.; Rob Hurst; Doreen Saunders; Brian Begbie; Richard Devette; Kent Hawley; Bruce Johnson; Joan Bryan; Mel Kane; Murray Wood; Gerry Koster; Raymond Doyle; Dorothy Stanley; Aileen Irvine; Dennis Keefe.

*If there are members of your family or friends who are ill or recently died, and for whom you wish prayers, please contact Susan at the parish office at 613-547-5004.*

**FIRST RECONCILIATION** Reminder that this Tuesday, February 24<sup>th</sup> at 6:30 p.m. is First Reconciliation. Families and candidates are asked meet in the Church.

**Fr. Cosmas Reflection**

**Entering the Desert**

Every First Sunday of Lent, the Church leads us into the desert. The readings place before us two powerful scenes: the garden of Eden and the wilderness where Jesus fasts for forty days. In the garden, Adam is surrounded by abundance, beauty, and provision. In the desert, Jesus is surrounded by hunger, silence, and emptiness. Yet it is in the garden that humanity falls, and in the desert that Christ triumphs.

In Genesis, the serpent begins not with force but with a question: “Did God really say...?” Temptation often begins the same way in our lives. It plants doubt about God’s goodness. It suggests that obedience is restriction, that God is withholding something better, that happiness lies outside His will. Adam and Eve listened to that voice. They grasped at what was forbidden because they doubted the Father’s love. Sin entered the world not simply because they ate a fruit, but because they stopped trusting.

In the Gospel, Jesus faces similar temptations. After forty days of fasting, He is hungry. The devil tells Him to turn stones into bread. It is the temptation to satisfy Himself apart from the Father’s will. Then He is tempted to throw Himself down from the temple to force God to prove His protection. Finally, He is offered all the kingdoms of the world without the cross. Bread without trust. Glory without humility. Power without sacrifice. But where Adam failed, Jesus stands firm. He answers each temptation with the Word of God. He does not negotiate. He does not argue emotionally. He remains rooted in Scripture and in His identity as the beloved Son. It is important to notice that the Spirit led Jesus into the desert. The desert is not an accident. It is not punishment. It is preparation. Lent is our desert — a time of testing, purification, and strengthening. We all experience deserts in different ways: dryness in prayer, struggles with repeated sins, hidden anxieties, disappointments, temptations that seem to return again and again. The desert reveals what is in the heart.

If we remain with Christ in the desert — if we learn to trust as He trusted — then we will also share in His victory. The One who resisted temptation in the wilderness is the same One who will rise on Easter morning. And if we stay close to Him through these forty days, our desert will lead us not to defeat, but to resurrection.

**2025 INCOME TAX RECEIPTS** will be available for pick-up in the Parish Office Monday to Friday. Remaining receipts will be mailed out on February 23, 2026. To help keep the postage cost down, please consider picking up your receipt. If you notice any address errors on your receipt there will be a sheet at the main entrance or contact the parish office.

**SIGN OF PEACE** This Sunday, we will return to pre-covid, for those who are comfortable with shaking hands during the sign of peace.

This week's  
bulletin is  
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## CATHOLIC WOMEN'S LEAGUE NEWS 2026

National theme: "Ignite Your Passion, Empower His Mission" • The Executive Meeting is on Monday, February 23, 2026 at 7:00 p.m. in Room A at the Diocesan Centre. • The 2026 104<sup>th</sup> Kingston Diocesan Convention are April 25 & 26th. The Diocesan Convention package is being distributed to members this week. Please plan to attend this excellent CWL event. • CWL members are beginning to get excited about upcoming events such as the Fancy Hat Tea Party on Saturday, May 9, 2026. For this event, the Service Committee is in need of more sugar and cream sets. If you have a set you can gift to the CWL, let us know. • Please check out the Lenten Poster Board with its excellent resources, that now accompanies the Year of the Family Poster. Do you know what the 3 Colours of Lent are? Check the Poster for answers!



### DONATING TO ST. JOSEPH'S PARISH

Plenty helps us make it easier for parish family members and visitors to donate whether it is for Sunday Offertory or to our Gather & Grow Parish Hall campaign. It is as easy as scanning the QR code or visiting a website to donate. If you have any questions, call the Parish office during office hours for help.

**SACRAMENT OF CONFIRMATION** If you have a child in grade 8 or higher who wishes to receive this Sacrament, registration is **due by February 22, 2026**. There will be a Parents meeting on March 5, 2026 in the Parish Hall at 6:30 p.m. Any questions, please contact the Parish Office – 613-547-5004.

**ONLINE REGISTRATION** visit our website to register

[www.stjosephskingston.ca](http://www.stjosephskingston.ca)

**NO LATE REGISTRATIONS WILL BE ACCEPTED.**

### 200<sup>TH</sup> ANNIVERSARY OF THE ARCHDIOCESE OF KINGSTON

A Lenten Parish Mission led by Fr. John O'Brien, SJ, Rector of the Martyrs' Shrine, Midland will take place on March 9 and 10 at 7:00 p.m. at St. Mary's Cathedral. Veneration of the relic of St. Jean de Brébeuf will be the afternoon of March 8, 2026 at St. Mary's Cathedral.

**STATIONS OF THE CROSS** During Lent, the Stations of the Cross will be said on Friday evenings, following the 5:15 p.m. Mass, starting February 20, 2026. All are warmly invited to this beautiful prayer of the Church.

**LENTEN PENANCE CELEBRATION** The Lenten Penance Celebration for St. Joseph's will be held on Sunday, March 15, 2026 at 3:00 p.m. Following a brief liturgy, all will have the opportunity to receive the Sacrament of Reconciliation. A number of visiting clergy will be present for this celebration, and all of our family parish members, and indeed from outside the parish, are most welcome to attend.

**MUSICAL AFTERNOON** On Thursday, March 12, 2026, from 1:00 – 3:00 p.m., join us for an afternoon of great

music and to celebrate St. Patrick's Day! A musical afternoon featuring Chris Murphy, Jon McLurg and Noah St. Amand (of Turpin's Trail), for those who are Irish, and for those who "wish they were." Light refreshments will be served in the newly renovated Parish Hall. Proceeds will be donated to our Parish Hall Gather & Grow campaign.

## COMMUNITY

### AN INTRODUCTION TO PRISON MINISTRY

**Saturday, March 28 9:30 AM – 4:30 PM** Join us for an intensive one-day training where you will be introduced to the key aspects, skills, and themes surrounding this ministry. Topics include: Call to Prison Ministry, Communication Skills, Boundaries, Restorative Justice, Self-care, Prison Culture...and more. Location: Francis J. Spence Pastoral Centre, Room A **390 Palace Road, Kingston**. To register: Phone Gorett at 613-548-4461 Ext. 112; [pastoralservices@archkingston.ca](mailto:pastoralservices@archkingston.ca). There is **no fee**, but **registration is required by Wednesday, March 25th, 2026**. Lunch will be provided. For more information, contact Mary-Jo at [religiousued@archkingston.ca](mailto:religiousued@archkingston.ca).

### Schedule for the weekends of Feb. 28-Mar. 1, 2026

	Lectors	Eucharistic Ministers	Ushers	Music
<b>Sat. 28 Feb. 5:15pm</b>	H. Couto Sr.N. Hurren	D. Lomboy P. Rosales	I. Stewart P. Scott A. Kelly R. Lachance	Theresa & Tim
<b>Sun. 1 Mar. 9:00am</b>	N.Ehi-Ekome A.Ehi-Ekome	M. Marcial A.MacKinnon	I. Stewart M.Turkington R.Audet F. Cuvelier	Megan
<b>Sun. 1 Mar. 11:00am</b>	R. McDonald B. Ows	R. McLaren F. Levesque	J. McLaren J. Akhtar D.Fernandes F. Levesque	Choir
<b>Streaming: R. McDonald</b>				
<b>Junior Liturgy: S. Fragoso</b>				



**KNIGHTS CORNER:** "Let your light shine before men, that they may see your good works and give glory to your Father who is in heaven."

— Matthew 5:16. As we approach the holy season of Lent, the readings remind your Knights that our faith is not a passive existence, but an active, robust, luminous presence in a world that often feels dark. The Knights of Columbus are called to be "the strong right arm of the Church," but that strength is useless if it is not fueled by a deep, interior life of prayer and charity; all the beautiful words and thoughts must be backed up by action. We are challenged to move beyond surface-level obedience and to let our hearts be transformed. True strength, in the eyes of God, is mercy, meekness, and a relentless desire to serve our neighbors. And that's how it is in the Knights. Service before self, and creating brightness in the world through good deeds and charity. Isn't it time that you joined? Follow us on Facebook at St. Joseph's Knights of Columbus Council 11670, Kingston.



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