

St. Joseph's Catholic Church



Fifth Sunday in Ordinary Time

February 8, 2026

*“...it is set on a lampstand,
where it gives light to all in the house.”*

Mission Statement

Grounded in the gospel of Jesus Christ through liturgy, Eucharistic worship and outreach, St. Joseph's Parish calls the faithful to an active involvement in parish life and responsible participation in extending Christ – like values to the wider community.

Liturgy Schedule

Weekend

Saturday: 5:15 p.m.
Sunday: 9:00 a.m., 11:00 a.m.

Weekday

Monday 5:15 p.m.
Tuesday 9:00 a.m.
Wednesday 9:00 a.m.
Thursday 9:00 a.m.
Friday 5:15 p.m.

Holy Hour and Divine Mercy Prayers

Monday and Friday 4:00 p.m.

Sacraments

Baptism

Sunday after the 11:00 a.m. Mass – Registration required, please contact the Parish.

Confession

Monday, Friday & Saturday 4:00 p.m. – 5:00 p.m.

Marriage

Six months' notice is required, as well as a Marriage Preparation Course. Please contact the Parish.

Anointing

Please contact the Parish.

Parish Office Hours:

Monday to Friday 8:30 a.m. – 4:30 p.m.;
(closed 12:00 noon – 1:00 p.m.)
Susan Lett, Parish Secretary

Parish Organizations

Catholic Women's League

Kathi Colwell & Susan Conway Williamson
Patrick Greenwood

Knights of Columbus, 11670

Parish Ministries

Finance Committee

Rev. Cosmas Ajawara

Parish Pastoral Council

Ben Krasna

Lectors

Carol Kavanaugh

Eucharistic Ministers

Carol Kavanaugh

Ministry to Sick & Homebound

Chris Jones & Monna Splinter

Ministry to Seniors (Cards)

Judy Saunders

Ministry at Extendicare

Mary Clancy

Ushers

Ian Stewart

Sacristans

Fran Price

Culture of Life

Ben Krasna

Parish Engagement

Mary Clancy

Funeral Choir

Shirley Kelliher

Junior Liturgy

Kelly Canning

Sacramental Preparation

Kelly Canning

Altar Servers

Theresa Whalen-Witjes

Music Ministry

Sheila Fowler

Youth Choir

Parish Schools

St. Thomas More Catholic School - Sandra Fragoso, Principal
234 Norman Rogers Dr., Kingston, ON K7M 2R4
613-542-1575

St. Paul's Catholic School - Chantal Courneyea, Principal
266 McMahon Ave., Kingston, ON K7M 3H2
613-542-6101

392 Palace Road, Kingston, Ontario

K7L 4T3 Tel. 613-547-5004

Email: stjoseph.kingston@archkingston.ca

Parish Website: www.stjosephskingston.ca

Rev. Cosmas Ajawara, Pastor

Fifth Sunday in Ordinary Time
February 8, 2026

Introduction

As we spend time together as members of the same community, we remind ourselves of the importance of a compassionate approach – to each other, to our neighbours, and to our global family.

First Reading: Isaiah 58:7-10

Isaiah reminds us of the importance of compassion. He tells us how important it is not to look away from other people when they are hungry or homeless, but to share whatever we have with them.

Second Reading: 1 Corinthians 2:1-5

St. Paul says that he doesn't rely on clever words or great knowledge to persuade people. He speaks instead of his love of Jesus Christ. Even though he experiences anxiety and fear, Paul puts his trust in God.

Gospel: Matthew 5:13-16

Through our actions we are to show others what it means to love. We are to be the lamp that stands on the table giving light, and the salt that flavours and seasons. We are to bring hope, joy and love to our neighbours and to society, through our contributions.

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MASSES FOR THIS WEEK

Monday, 9 February

5:15 p.m. Alejandrito Lianza – Ress Young

Tuesday, 10 February

9:00 a.m. Mary St. Pierre

Wednesday, 11 February

9:00 a.m. Clair & Wilma Kearns

Thursday, 12 February

9:00 a.m. Humberto & Fernanda Dias – Manuel & Yasmin Dias

Friday, 13 February

5:15 p.m. Johanna Klaassen – Colleen Purcell & Carol Keeler

Saturday, 14 February

5:15 p.m. Herminio Medeiros – Victor Medeiros

Sunday, 15 February

9:00 a.m. Joaquim & Juelhermina Mederios – Judithe Castro

11:00 a.m. People of the Parish

Join our online Mass on Sunday at 11:00 a.m. visit www.stjosephskingston.ca.

PRAYERS FOR THE DECEASED

You are asked to remember in prayer those recently deceased especially Jose Madrigal, Barbara Whitney.

PRAYERS FOR THOSE WHO ARE ILL

Please remember in your prayers the following: Donna V.; Rob Hearst; Doreen Saunders; Brian Begbie; Richard Devette; Kent Hawley; Bruce Johnson; Joan Bryan; Mel Kane; Murray Wood; Gerry Koster.

Fr. Cosmas Reflection

You are the salt of the earth... You are the light of the world

In the Gospel of today Jesus speaks to us with words that are both simple and deeply demanding. He tells us, "You are the salt of the earth... You are the light of the world." These are not suggestions or future goals; they are statements of identity. Jesus is telling us who we already are by virtue of our baptism and what the world expects from those who belong to him.

Salt is small and often unnoticed, yet it makes all the difference. A meal without salt is bland and uninviting, and salt also preserves food from decay. In the same way, Christians are meant to give meaning, direction, and moral flavor to the world. Our presence should preserve society from corruption and hopelessness. When faith is reduced to words alone and does not express itself in care for others, it loses its taste. This is why the prophet Isaiah insists that true worship of God is seen in sharing bread with the hungry, welcoming the homeless, and standing with the oppressed. A faith that ignores human suffering cannot transform the world.

Light, on the other hand, cannot be hidden. Jesus reminds us that a city built on a hill is visible to all and that a lamp is not lit to be covered, but to give light to everyone in the house. By calling us light, Jesus is saying that our lives are meant to be visible signs of God's presence. People may never read the Bible, but they read the lives of believers every day. The way we speak, forgive, work, and treat others either reveals Christ or conceals him.

Jesus concludes by urging us to let our light shine before others, so that they may see our good works and give glory to the Father. Our good deeds are not meant to earn praise for us, but to point beyond us to God. Each act of kindness, honesty, patience, and forgiveness becomes a quiet but powerful light in a world often darkened by fear and selfishness.

May the Lord give us the grace to live our faith in such a way that others, seeing our lives, will come to glorify our heavenly Father. Amen.

CHURCH WASHROOMS We continue to experience plumbing issues relating to the sewer line in the church. For parishioners that are able please use the temporary washroom in the new parish hall. During the week, parishioners are asked to use the washroom in the parish office area.

2025 INCOME TAX RECEIPTS will be available for pick-up in the Parish Office Monday to Friday and on the weekend of February 7-8 and 14-15 at the main entrance of the church for pick-up after Mass. Remaining receipts will be mailed out on February 23, 2026. If you notice any address errors on your receipt there will be a sheet at the main entrance or contact the parish office.

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CATHOLIC WOMEN'S LEAGUE

NEWS The General Meeting Monday,

February 9 at 7:00 p.m. in Room A at

the Diocesan Centre. We will be welcoming new and renewed members and having a reaffirmation of the Executive members. • The Annual fee for our 2026 Membership continues to be \$35, so if you missed the signup, **please place the fee along with your name into an envelope marked "CWL Membership" and place it in the offering basket during any Mass. Do not leave in the CWL mail tray in the Sacristy.** Please contact Mary Clancy if you have any questions regarding renewing your membership. We hope you will join us again to help increase our focus on Faith, Service and Social & Ecological Justice in our Parish, local communities and charities.

SACRAMENT OF CONFIRMATION If you have a child in grade 8 or higher who wishes to receive this Sacrament, registration is due by February 22, 2026. There will be a Parents meeting on March 5, 2026 in the Parish Hall at 6:30 p.m. Any questions, please contact the Parish Office – 613-547-5004.

ONLINE REGISTRATION visit our website to register

www.stjosephskingston.ca

NO LATE REGISTRATIONS WILL BE ACCEPTED.



OPTIONS FOR DONATING TO ST. JOSEPH'S PARISH

We have enlisted the help of a donation platform called Pllenty to help us make it easier for parishioners and visitors to donate whether it is for Sunday Offertory or to our Gather & Grow Parish Hall campaign. It is as easy as scanning the QR code or visiting a website to donate. There are small flyers at the entrances with the QR code or to take home and learn more about how it works. If you have any questions, call the Parish office during office hours for help.

ARCHDIOCESAN LENTEN COLLECTION Last year the Archdiocese changed the date of their Lenten collection to Ash Wednesday, replacing the St. Vincent de Paul collection for their new facility. The Archdiocese Lenten collection is used to support agencies that support the most vulnerable in our communities, including St. Vincent de Paul. Last year over \$89,000 was collected from our parishes throughout the Archdiocese. A list of last year's recipients can be found on our website.

ASH WEDNESDAY MASS TIMES On February 18, 2026 at 9:00 a.m., 10:30 a.m. (School Mass) and 5:15 p.m.

COMMUNITY

BE ACTIVATED Activate 200 Missionary Disciples in the 200th year of the Archdiocese of Kingston. Join the challenge to Be Activated. Live your faith courageously. Experience transformation. And lead people to Jesus. Our Lady of Divine Fire Mission is offering "ACTIVATE" free of charge. Journey together with a small group for 8 weeks,

from early March to the end of April, to pray together, watch and discuss dynamic videos, engage in practical exercises, and encourage one another in growth. Weekly 2-hour sessions (in person or on Zoom) will be scheduled according to participant preference and availability. Register by Friday, February 21 at: <https://ourladyofdivinefire.regfox.com/be-activated>

OCTOBER 2026 PILGRIMAGE TO THE HOLY LAND WITH FR. JUSTIN & FR. PRICE

Join Fr. Justin and Fr. Price on a faith-filled pilgrimage to the Holy Land from **October 5–15, 2026**. Walk in the footsteps of Our Blessed Lord, deepen your understanding of Sacred Scripture, and experience prayer, mercy, healing, and spiritual renewal in the places where the Word became flesh. Space is limited to 40 pilgrims, with 13 already reserved, so early registration is encouraged. Further information can be found on our parish bulletin board.

Schedule for the weekends of February 14-15, 2026

	Lectors	Eucharistic Ministers	Ushers	Music
Sat. 14 Feb. 5:15pm	M. Sivilotti Sr.N.Hurren	B. Oliveira P. Rosales	I. Stewart R.Lachance P. Scott S. Harrigan	Stacy & Tim
Sun. 15 Feb. 9:00am	M. Castro A.MacKinnon	C. Purcell G.Lesperance	I. Stewart F. Cuvelier M.Turkington R.Audet	Theresa & Annette
Sun. 15 Feb. 11:00am	B. McIver V. Onwuliri	S. Boisvert K. Colwell	B. Krasna F. Asuncion J. McLaren F. Levesque	Choir
Streaming: C. Jones				
Junior Liturgy: S. Conway Williamson				



KNIGHTS CORNER: The Knights of Columbus, like most charitable organizations, has created a series of awards to add further incentive to selfless works, and to recognize noteworthy efforts by a specific Knight, or a certain Council which may stand out. The Father McGivney Award is named for our founder, the Blessed Michael McGivney who has been beatified and is only one step from canonization and recognizes excellence in a Council's membership growth. To earn this award a Council must meet or exceed its yearly membership quota, which is a 6% increase in the council's membership as of 1st July of that year. We are aware that our efforts have also attracted the attention of some men from the Parish who are now proudly Knights in our Council. At a recent District training event, our Grand Knight Patrick Greenwood was honoured to be called forward and accept the Father McGivney Award on behalf of St. Joseph's Knights of Columbus Council 11670. Our question is simple for any male parishioner 18 or older reading this - why haven't you joined yet?



Follow us on Facebook at St. Joseph's Knights of Columbus Council 11670, Kingston.

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