

St. Joseph's Catholic Church

Fourth Sunday of Lent March 15, 2026

*"You are looking at him;
he is speaking to you."*



Liturgy Schedule

Weekend

Saturday: 5:15 p.m.
Sunday: 9:00 a.m., 11:00 a.m.

Weekday

Monday 5:15 p.m.
Tuesday 9:00 a.m.
Wednesday 9:00 a.m.
Thursday 9:00 a.m.
Friday 5:15 p.m.

Holy Hour and Divine Mercy Prayers

Monday and Friday 4:00 p.m.

Sacraments

Baptism

Sunday after the 11:00 a.m. Mass – Registration required, please contact the Parish.

Confession

Monday, Friday & Saturday 4:00 p.m. – 5:00 p.m.

Marriage

Six months' notice is required, as well as a Marriage Preparation Course. Please contact the Parish.

Anointing

Please contact the Parish.

Parish Office Hours:

Monday to Friday 8:30 a.m. – 4:30 p.m.;
(closed 12:00 noon – 1:00 p.m.)
Susan Lett, Parish Secretary

Parish Organizations

Catholic Women's League

Kathi Colwell & Susan
Conway Williamson
Patrick Greenwood

Knights of Columbus, 11670

Parish Ministries

Finance Committee

Rev. Cosmas Ajawara

Parish Pastoral Council

Ben Krasna

Lectors

Carol Kavanaugh

Eucharistic Ministers

Carol Kavanaugh

Ministry to Sick & Homebound

Chris Jones & Monna

Splinter

Ministry to Seniors (Cards)

Judy Saunders

Ministry at Extencicare

Mary Clancy

Ushers

Ian Stewart

Sacristans

Fran Price

Culture of Life

Ben Krasna

Parish Engagement

Mary Clancy

Funeral Choir

Shirley Kelliher

Junior Liturgy

Kelly Canning

Sacramental Preparation

Altar Servers

Kelly Canning

Music Ministry

Theresa Whalen-Witjes

Youth Choir

Sheila Fowler

Parish Schools

St. Thomas More Catholic School - Sandra Fragoso, Principal
234 Norman Rogers Dr., Kingston, ON K7M 2R4
613-542-1575

St. Paul's Catholic School - Chantal Courneyea, Principal
266 McMahon Ave., Kingston, ON K7M 3H2
613-542-6101

392 Palace Road, Kingston, Ontario K7L 4T3 Tel. 613-547-5004
Email: stjoseph.kingston@archkingston.ca

Parish Website: www.stjosephskingston.ca

Rev. Cosmas Ajawara, Pastor

Fouth Sunday of Lent

March 15, 2026

Introduction

How do we come to faith? It can be a gradual process for all of us, and often involves testing. But all of us are called to renew our faith, especially during Lent.

First Reading: 1 Samuel 16:1, 6-7, 10-13

God gives Samuel a special insight to choose Jesse's son, David.

Second Reading: Ephesians 5:8-14

God has brought us out of darkness so that we can live in the light of the Lord.

Gospel: John 9:1-41

A blind man is healed and in the face of opposition, comes to faith by seeing Jesus his savior.

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MASSES FOR THIS WEEK

Monday, 16 March

5:15 p.m. Dr. Mary Gwizdal – Chuck & Fernanda Bulhoes

Tuesday, 17 March

9:00 a.m. Mary St. Pierre

Wednesday, 18 March

9:00 a.m. Joe 'Giuseppe' Saccon – Pierino Toffolo

Thursday, 19 March

9:00 a.m. Intentions of Judy Saunders – From a good friend

Friday, 20 March

5:15 p.m. Ioan & Elmer Shortt – Shirley Kelliher

Saturday, 21 March

5:15 p.m. Cathy Joyce (33rd Anniversary) – Carol Kavanaugh

Sunday, 22 March

9:00 a.m. Johannes Hanna Asfur – Hani Asfur

11:00 a.m. People of the Parish

Join our online Mass on Sunday at 11:00 a.m. visit www.stjosephskingston.ca.

PRAYERS FOR THE DECEASED

You are asked to remember in prayer those recently deceased.

PRAYERS FOR THOSE WHO ARE ILL

Please remember in your prayers the following: Donna V.; Rob Hurst; Doreen Saunders; Brian Begbie; Richard Devette; Kent Hawley; Bruce Johnson; Joan Bryan; Mel Kane; Murray Wood; Gerry Koster; Raymond Doyle;; Lucyna Zbozien.

STATIONS OF THE CROSS During Lent, the Stations of the Cross will be said on Friday evenings, following the 5:15 p.m. Mass. All are warmly invited to this beautiful prayer of the Church.

LEGION OF MARY Kingston Diocese Curia will be hosting the annual Acies meeting in honour of Our Lady on March 25, 2026 at St. Joseph's Church at 2:00 p.m. A reception to follow in the Family Parish Hall.

Fr. Cosmas Reflection

Lord, I believe

The Fourth Sunday of Lent, traditionally called Laetare Sunday, reminds us that even in the middle of Lent, there is joy. The Gospel today (John 9) tells the story of the man born blind. It is not only about physical blindness, but about learning to see life clearly through faith.

When the disciples see the blind man, they immediately look for someone to blame. But Jesus shifts their thinking. Instead of blaming, He reveals that God can bring His grace even through difficult situations.

Jesus heals the man, but the greater miracle is the man's journey of faith. At first he only says "the man called Jesus." Later he calls Him a prophet. Finally, when he meets Jesus again, he says:

"Lord, I believe."

This Gospel invites us to reflect on our own spiritual blindness. Lent is the time when Christ wants to open our eyes. In a practical way, this Gospel challenges us in several ways:

First, learn to see God's blessings each day. Many times we focus only on what is wrong in our lives. But if we pause daily and thank God—even for small things—our eyes begin to see how God is already at work.

Second, try to see people with compassion rather than judgment. The disciples judged the blind man's situation, but Jesus showed mercy. In our families, workplaces, and parish communities, we should try to understand people before judging them.

Third, take time to examine your life honestly. Lent invites us to ask: Where am I spiritually blind? Is it pride, resentment, impatience, or neglect of prayer? The Sacrament of Reconciliation helps remove the things that cloud our spiritual vision. This is the reason the Church provides special opportunities for us to receive this sacrament during Lent as we will hold our parish penance celebration this Sunday afternoon.

Fourth, be attentive to those who are overlooked. The blind man in the Gospel was someone people ignored. In our daily life there may be people who feel invisible—the lonely neighbor, the struggling colleague, the elderly person. Seeing them and reaching out is a powerful act of Christian love.

Finally, trust that faith grows step by step. The blind man did not understand everything immediately, but he kept moving toward Jesus. Our own faith also grows gradually when we continue to pray, listen to God's word, and follow Christ.

If we allow Jesus to open our eyes this Lent, we will begin to see life differently—with more gratitude, compassion, and faith.

And like the man in the Gospel, we will be able to say with confidence: "Lord, I believe."

This week's bulletin is sponsored by:





GRAND OPENING OF OUR FAMILY PARISH HALL

All are invited to our grand opening and blessing of our newly renovated Family Parish Hall on March 22, 2026 after the 11:00 a.m. Mass. A light lunch will be served.

If you are attending the 5:15 p.m. and 9:00 a.m. masses on March 21-22, please take a tour of our Family Parish Hall and enjoy some light refreshments.

200th ANNIVERSARY OF THE ARCHDIOCESE OF KINGSTON

The Anniversary Mass will be celebrated at 10:30 a.m. on April 18, 2026 at St. Mary's Cathedral. All are welcome to celebrate joyful occasion.

CATHOLIC WOMEN'S LEAGUE NEWS ALL CWL Members and PARISHIONERS

• 2026 National theme: "Ignite Your Passion, Empower His Mission" • In keeping with our focus, "Blessed be the Poor", Our CWL and Parish Lenten St. Vincent de Paul Collection is running from March 9th to April 1st. Help "Creating Hope through Action" by 1) Donating items such as Non-Perishable Foods (pasta, rice, cereal, peanut butter etc.), children diapers and wipes, adult diapers of all sizes, tampons, toilet paper, shampoo, body soap etc. 2) Making a monetary donation, sealed in an envelope indicating, CWL - St Vincent de Paul Donation, and placed in the weekend Collection Baskets. A full donation list is posted on the collection boxes located near each of the church entrances from March 9th-April 1st. The next Executive Meeting is on Monday, March 23, 2026 at 7:00 p.m. in the Family Parish's new Board Room. • The 104th Kingston Diocesan Convention is April 25 & 26th at the Quality Inn and Conference Centre, right here in Kingston. Plan to attend this excellent CWL event, by contacting Susan Conway Williamson (conwills59@yahoo.ca) to complete your registration.

PARISH FEAST OF ST JOSEPH 2026 St. Joseph Family

Youth Mass & Potluck DinnerThe Companions of St. Michael (Boy's Club), the Catholic Girls Club, and all young people of our parish family are invited to a special Holy Mass, a potluck dinner and a time of fellowship celebrating the feast of St. Joseph on Thursday, March 19th at St. Joseph's Parish (392 Palace Rd). Mass is at 5:15pm, followed by a potluck dinner immediately afterwards in the parish hall until about 7:30pm. Please RSVP to Holly (catholicgirlsclub@gmail.com) or Susan at the parish office (stjoseph.kingston@archkingston.ca) to receive the link to sign up to bring something for the potluck. All families are welcome!

LENTEN PENANCE CELEBRATION

The Lenten Penance Celebration for St. Joseph's will be held this Sunday, March 15, 2026 at 3:00 p.m. Following a brief liturgy, all will have the opportunity to receive the Sacrament of Reconciliation. A number of visiting clergy will be present for this celebration, and all of our family parish members, and indeed from outside the parish, are most welcome to attend.



DONATIONING TO ST. JOSEPH'S PARISH

Plently helps us make it easier for parish family members and visitors to donate whether it if for Sunday Offertory or to our Gather & Grow Parish Hall campaign. It is as easy as scanning the QR code or visiting a website to donate. If you have any questions, call the Parish office during office hours for help.

COMMUNITY

LENTEN MISSION AT HOLY FAMILY PARISH

Holy Family Parish will be offering a Lenten Mission on **Thursday, March 19 and Friday, March 20**. The preacher will be Friar Thomas Reist, OFM Conv, from the Franciscan church of St. Bonaventure in Toronto. He will reflect on Lent from a Franciscan perspective. All are welcome to attend.

KNIGHTS OF COLUMBUS ANNUAL LENTEN FISH FRY

The Knights of Columbus (Read, Marysville & Deseronto) invite you to their Annual Lenten Fish Fry. Friday, **March 20, 2026 4:00 PM – 6:00 PM** **Holy Name of Mary Parish Centre (7288 Old Hwy #2)** Enjoy Fish & Chips, Cole slaw, dinner roll, pie for dessert, and tea/coffee or juice. Adults: \$20; Children under 12: \$12; Under 6: Free; Family Price: \$60. All funds raised will support charitable needs.

Schedule for the weekends of March 21-22, 2026

	Lectors	Eucharistic Ministers	Ushers	Music
Sat. 21 Mar. 5:15pm	C. Jones M. MacVicar	L. Bickerstaffe Sr. L. Kearney	I. Stewart D. Mazzolin R. Lachance S. Harrigan	Stacy & Tim
Sun. 22 Mar. 9:00am	P. Evaristo M. Addai	C. Purcell M. Tudin	I. Stewart F. Cuvelier R. Audet J. Agero	Sheila & the Youth Choir
Sun. 22 Mar. 11:00am	F. Levesque R. McLaren	M. Muise C. Kavanaugh	B. Krasna F. Levesque D. Fernandes F. Asuncion	Choir
Streaming: C. Jones				
Junior Liturgy: No Junior Liturgy				



KNIGHTS CORNER:

In this weekend's Gospel, Jesus tells the parable of the Pharisee and the tax collector, highlighting the necessity of humility in prayer. The Pharisee boasts of his own righteousness, while the tax collector simply pleads, "God, be merciful to me a sinner". As Knights of Columbus, we are called to be men of action, but equally also men of profound humility. Lent is a time to strip away pride and acknowledge our need for God's grace. We cannot earn heaven by our works alone; we must depend on His mercy. Let us leave our arrogance at the altar and, like the tax collector, recognize that only through humility are we truly exalted. Isn't it time you considered joining the Knights and express both action and humility.



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