



St. Joseph's Church

*Serving our Catholic community
together in faith.*

March 29, 2026
Palm Sunday Bulletin
& Quarterly Newsletter

Celebrate the 200th Anniversary of the Archdiocese of Kingston

Saturday, April 18, 2026

10:30 a.m.

St. Mary's Cathedral



392 Palace Road, Kingston, ON K7L 4T3
Tel. 613-547-5004
Email: stjoseph.kingston@archkingston.ca
Parish Website: www.stjosephskingston.ca

Parish Office Hours:

Monday to Friday 8:30 a.m. – 4:30 p.m.;
(closed 12:00 noon – 1:00 p.m.)
Susan Lett, Parish Secretary



Rev. Cosmas Ajawara, Pastor

Liturgy Schedule

Weekend

Saturday: 5:15 p.m.
Sunday: 9:00 a.m., 11:00 a.m.

Weekday

Monday 5:15 p.m.
Tuesday 9:00 a.m.
Wednesday 9:00 a.m.
Thursday 9:00 a.m.
Friday 5:15 p.m.

Holy Hour and Divine Mercy Prayers

Monday and Friday 4:00 p.m.

Confessions

Monday, Friday 4:10 p.m. until 5:00 p.m.
Saturday 4:00 p.m. until 5:00 p.m.

Holy Week Schedule

Holy Thursday

Mass of the Lord's Supper 7:30 p.m.

Good Friday

Stations of the Cross 10:00 a.m.
Celebration of the Lord's Passion 3:00 p.m.

Holy Saturday

Easter Vigil 8:00 p.m.

Easter Sunday

Easter Sunday 9:00 a.m.; 11:00 a.m.

Palm Sunday
March 29, 2026

Introduction

Palm Sunday is not a journey from victory to defeat, but a journey from the world's idea of victory into the true victory of God.

First Reading: Isaiah 50:4-7

The suffering servant of Isaiah assures us of our victory over suffering.

Second Reading: Philippians 2:6-11

Christ's suffering is deeper than we imagine, but his exaltation is also higher than we can imagine.

Gospel: Matthew 26:14-27:66

Matthew describes the death of Christ in terms of destruction. Yet this destruction brings the dead back to life and reveals the unshakeable reality of heaven.

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MASSES FOR THIS WEEK

Monday, 30 March

5:15 p.m. Manuel Couto – Lisetta Medieros

Tuesday, 31 March

9:00 a.m. Teresa Regts (Murphy) – Pat McConville

Wednesday, 1 April

9:00 a.m. Nigel Bogle – Alison Bogle

Thursday, 2 April

7:30 p.m. Mass of the Lord's Supper

Friday, 3 April

10:00 a.m. Stations of the Cross

3:00 p.m. Celebration of the Lord's Passion

Saturday, 4 April

8:00 p.m. Easter Vigil

Sunday, 5 April

9:00 a.m. People of the Parish

11:00 a.m. People of the Parish

Join our online Mass Saturday, February 7 at 5:15 p.m. visit www.stjosephskingston.ca.

PRAYERS FOR THE DECEASED

You are asked to remember in prayer those recently deceased especially Sr. Margaret Walsh, CND; Jacqueline Chartrand, Richard Devette.

PRAYERS FOR THOSE WHO ARE ILL

Please remember in your prayers the following: Donna V.; Rob Hurst; Doreen Saunders; Brian Begbie; Kent Hawley; Bruce Johnson; Joan Bryan; Mel Kane; Murray Wood; Gerry Koster; Raymond Doyle; Lucyna Zbozien

If there are members of your family or friends who are ill or recently died, and for whom you wish prayers, please contact Susan at the parish office at 613-547-5004.

Fr. Cosmas Reflection

Palm Sunday

Hosanna to the Son of David

Palm Sunday draws us into one of the most powerful moments in the life of Christ. It begins with joy and celebration as Jesus enters Jerusalem and the people welcome Him with palm branches, crying out, "Hosanna to the Son of David!" There is excitement in the air, a sense of hope, and the expectation that something great is about to happen. Yet, within the same liturgy, that joy gives way to the solemn and painful reading of the Passion. The Church intentionally places these two scenes side by side to reveal a deeper truth about Christ and about ourselves.

Jesus enters Jerusalem not as a worldly king but as a humble servant. He rides on a donkey, not a horse, showing that His kingdom is not built on power, force, or domination, but on peace, humility, and love. The crowd praises Him, but their understanding of Him is limited. They are looking for a Messiah who will solve their immediate problems, someone who will bring political freedom and earthly success. Instead, Jesus comes to offer something far greater—freedom from sin and the gift of eternal life. This moment invites us to examine our own expectations. Do we truly accept Jesus as He is, or do we try to shape Him according to our own desires?

The shift from "Hosanna" to "Crucify Him" reveals the weakness and inconsistency of the human heart. The same voices that praise Jesus can quickly turn against Him. It is easy to feel distant from that crowd, yet their story is often our own. There are times when we are fervent in prayer, strong in faith, and confident in our commitment to Christ. But when difficulties arise, when following Jesus becomes demanding, or when the cross appears in our lives, our enthusiasm can fade. Palm Sunday calls us to a deeper, more stable faith—one that is not based on emotion or convenience, but on a true and lasting relationship with Christ.

ACCESS TO THE NEW PARISH FAMILY HALL

As we renovate and return the Sacristy to a sacred place, there will be no access to the Parish Family Hall through the Sacristy, please use the new outside entrance or the entrance on the west side of the altar.

MASS OF CHRISM You are invited to attend the Chrism Mass on Tuesday, March 31, 2026 at 10:30 a.m. at St. Mary's Cathedral. Archbishop Mulhall will preside and bless the Oils for sacramental life of the Church.

200th ANNIVERSARY OF THE ARCHDIOCESE OF KINGSTON The Anniversary Mass will be celebrated at 10:30 a.m. on April 18, 2026 at St. Mary's Cathedral. Buffet luncheon following Mass at Our Lady of Fatima Parish Hall 588 Division Street. For shuttle bus information please see the bulletin board at the main entrance. All are welcome to celebrate joyful occasion.



This week's bulletin is sponsored by:



CATHOLIC WOMEN'S LEAGUE

NEWS ALL CWL Members and PARISHIONERS • In keeping with our focus, "Blessed be the Poor", our CWL and Parish Lenten St. Vincent de Paul Collection will run until Wednesday April 1st. Still time to donate Non-Perishable Foods and personal hygiene products or make a monetary donation sealed in an envelope with "CWL - St Vincent de Paul Donation" and place it in the Collection Basket. • Our next General meeting is Monday April 13, 2026. Join us in the new Parish Family Hall.



DONATIONING TO ST. JOSEPH'S PARISH

Plenty helps us make it easier for parish family members and visitors to donate whether it is for Sunday Offertory or to our Gather & Grow Parish Hall campaign. It is as easy as scanning the QR code or visiting a website to donate. If you have any questions, call the Parish office during office hours for help.

NATIONAL MARCH FOR LIFE IN OTTAWA A bus will leave Kingston for the National March for Life on **Thursday, May 14th, 2026**, from St. Joseph's parking lot at **392 Palace Road** at **7:00 am** to arrive on time for **Mass at St. Patrick's Basilica, 220 Kent St. at 10 am**. The cost is **\$50.00 per person**. You can reserve your seat by registering in person with Susan at St. Joseph's Parish Office Monday-Friday 8:30 am-12noon and 1:00 pm-4:30 pm OR by e-transfer at kingstonmflbus@proton.me For more information about the March, see www.campaignlifecoalition.com and click on March for Life.

ATTENTION CARD PLAYERS! Wednesday cards returns on April 8 in the Parish Family Hall. If you are interested in putting in a table of 4 for Euchare contact the Parish office.

FAMILY COFFEE TIME Every Tuesday after our morning 9:00 a.m. Mass, all are invited to our Parish Family Hall for morning coffee/refreshments and an opportunity to join together for a visit.

COMMUNITY

SPECIAL JUBILEE YEAR – ST. FRANCIS OF ASSISI A Special Jubilee Year is being celebrated from **January 10, 2026 to January 10, 2027, at 7:00pm** in commemoration of the 800th anniversary of the passage of St. Francis of Assisi. In Kingston, designated pilgrimage churches include St. John the Apostle, Holy Family, and St. Francois d'Assise. A Plenary Indulgence is available under the usual circumstances. All are welcome to visit when the churches are open for Mass or Adoration on weekdays (Tuesday–Friday) or on weekends.

DATES AND THEME FOR NATIONAL FAMILY AND LIFE WEEK 2026

To assist you in planning for the coming pastoral year, we are pleased to share that National Family and Life Week (NFLW) 2026 will take place from Sunday, **10 May** to Sunday, **17 May 2026**. The chosen theme, "I am with you always" (Matt 28:20), is drawn from the Gospel reading for the closing Sunday (17 May 2026), the Solemnity of the

Ascension of the Lord. We will once again release a digital pastoral toolkit in early spring 2026, featuring activities, pastoral suggestions, social media assets and other resources to help dioceses/eparchies, parishes and related associations and movements with their celebrations for the Week. Mark your calendars and watch for future communications from the CCCB Family and Life Office highlighting this opportunity to celebrate, through prayer and action, the joy and beauty of being family!

Schedule for the weekends of April 2- 5, 2026

Date	Lectors	Eucharistic Ministers	Ushers	Music
Thurs. 2 Apr. 7:30 pm	J. Watts M. Tudin C. Purcell	T. Donoghue B. McIver B. Oliveira	I. Stewart P. Scott S. Harrigan F. Ambrogi	Choir
Friday 3 Apr. 3:00 pm	J. McDonald R. McDonald V. Onwuliri J. Saunders	T. Donoghue C. Purcell L. Carfa C. Kavanaugh	I. Stewart P. Scott F. Ambrogi R. Lachance R. Audet F. Cuvelier	Choir
Sat. 4 Apr. 8:00 pm	C. Jones P. Scott M. Tudin Sr. N. Hurren M. Sivilotti	B. Oliveira A. MacKinnon M. Marcial	I. Stewart S. Harrigan R. Lachance B. Krasna	Choir
Sun. 5 Apr. 9:00 am	C. Purcell J. Watts	K. Nickerson A. MacKinnon	I. Stewart P. Scott F. Cuvelier R. Audet P. Oliquano	Theresa & Annette
Sun. 5 Apr. 11:00 am	R. McDonald J. McDonald	T. Donoghue L. Carfa D. Lomboy	I. Stewart F. Ambrogi F. Asuncion P. Oliquano J. McLaren	Choir
Streaming: S. Frago				
Junior Liturgy:				



KNIGHTS CORNER: "Blessed is he who comes in the name of the Lord!" As we enter Holy Week, the Passion Gospel reminds us of Jesus' total self-emptying love. Isaiah tells us, "I have set my face like flint," refusing to turn back from the cross. As Knights of Columbus, we are also called to that same unwavering commitment, supporting our parish and families despite personal sacrifice. This Holy Week, we invite you to "untie" those in need and let them go free, acting as witnesses to the Resurrected King. Join us in strengthening our parish and helping your fellow parishioners. Many hands make light work and benefit all at St. Joseph's and beyond. Speak to a Knight today and get started! Vivat Jesus!

Follow us on Facebook at St. Joseph's Knights of Columbus Council 11670, Kingston.

KNIGHTS OF COLUMBUS MEETING – Meetings will now be held the first Wednesday of each month. Reminder of our April 1st meeting at 7:00 p.m. and it is a potluck dinner meeting.

PARISH FAMILY NEWSLETTER- JANUARY -MAY 2026



Message from our Pastor

Introducing Our Quarterly Parish Pastoral Newsletter

Dear brothers and sisters in Christ,

With gratitude to God and a deep sense of our shared mission, we are pleased to introduce our Quarterly Parish Pastoral Newsletter—a simple yet meaningful way of strengthening communication, deepening faith, and fostering unity within our parish family.

The life of a parish is rich and vibrant. It is a place where faith is celebrated, the sacraments are lived, and the Gospel is proclaimed in both word and action. Yet, in the midst of our busy lives, it is easy to lose sight of the many ways God is at work among us. This newsletter is intended to help us pause, reflect, and remain connected to the spiritual and pastoral journey of our community. In a practical way, it will also bring to us timely information about what is happening in our parish, as well as highlight upcoming events, celebrations, and opportunities for participation in the life of the Church.

In a special way, this initiative takes on even greater significance as we have prayerfully declared this year in our parish as the Year of the Family. This pastoral focus invites us to renew, strengthen, and celebrate family life, not only within our homes, but within the wider parish community. It is a call to recognize that every family, in its joys and challenges, is a vital part of the Church, and that our parish must be a place where families are supported, accompanied, and nourished in faith.

As we conclude, it is important for us to rethink and rediscover our parish not merely as a place we come to, but as an ecclesial family, a true communion of believers united in Christ. The Church is not first a structure or an institution; it is the Family of God, where each person is known, valued, and loved. In a world that is often marked by isolation and individualism, the parish is called to be a living sign of belonging, care, and shared responsibility. To see the parish as an ecclesial family means that we move from being passive attendees to active participants, from strangers to brothers and sisters, from spectators to disciples on mission. It calls us to walk together, support one another, share in each other's joys and struggles, and grow collectively in faith. It also reminds us that each person has a role to play, and that the vitality of our parish depends on the faith and commitment of all.

May this newsletter not only inform us, but also help to build this deeper sense of communion among us. And may our parish, especially in this Year of the Family, truly become what it is called to be—a family of faith, gathered by Christ, nourished by His Word and Sacraments, and sent forth to bring His love to the world.

Calendar of Events

April

- April 1 7:00 p.m. Knights of Columbus Meeting
- April 8 10:30 a.m. Mass at Extencicare
- April 10 10:30 a.m. School Mass
- April 12 11:00 a.m. Enrollment Sunday for Confirmation Candidates
3:00 p.m. Divine Mercy Sunday
- April 13 7:00 p.m. CWL General Meeting
- April 15 7:00 p.m. Finance Committee Meeting
- April 17 10:00 a.m. Mass at Kingsdale
- April 18 10:30 a.m. 200th Anniversary of the Archdiocese of Kingston Mass at St. Mary's Cathedral
- April 26 9:00 a.m. & 11:00 First Communion
2:00 p.m. Nigerian Mass and Potluck
- April 28 6:30 p.m. Pastoral Council Meeting
7:00 p.m. CWL Executive Meeting

May

- May 1 10:00 a.m. Mass at Kingsdale
- May 5 8:00 a.m. Palliative Care Day of Prayer
- May 6 7:00 p.m. Knights of Columbus Meeting
- May 8 10:30 a.m. School Mass
- May 9 2:00 p.m. CWL Fancy Hat Tea Party
- May 11 7:00 p.m. CWL General
- May 13 10:30 a.m. Mass at Extencicare
- May 16-17 Holy Art Woodart (at all Masses)
- May 17 3:00 p.m. Flores de Mayo
- May 18 11:00 a.m. Legion of Mary
6:00 p.m. Carmelites Meeting
- May 20 7:00 p.m. Finance Committee Meeting
- May 25 7:00 p.m. CWL Executive Meeting
- May 31 11:00 a.m. Confirmation



FLORES DE MAYO

May 17, 2026

3:00 p.m.

The Filipino Canadian Community invites you to celebrate Flores de Mayo, in honor of our Blessed Mother, Mary at St. Joseph's Parish, beginning with Procession and the Rosary (Children leading) at 2:00 p.m. followed by Mass at 3:00 p.m. Reception to follow in the Parish Hall. All are welcome!

Fundraising Update

Our goal is to raise \$250,000 to offset some of the cost for our new Parish Family Hall expansion.

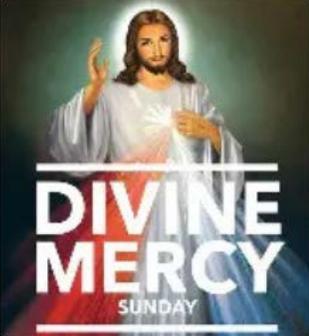


As of March 24, 2026

We have received donations totaling \$173,877.28.

Envelopes	\$63,431
Donations	\$91,880
Electronic Platforms	
(Canada Helps & Pllenty)	\$2,766
Etransfers	\$15,800

*Donations received from David Cupido Construction, G.F. Tompkins Funeral Homes, Knights of Columbus St. Joseph's Council, James Reid Funeral Home.



Join us at **3:00 p.m. (the hour of Mercy) Sunday, April 12, 2025 (second Sunday of Easter)** to celebrate Divine Mercy Sunday. We will be praying the Divine Mercy Chaplet, there will also be opportunity to adore our Lord Jesus Christ in the Blessed Sacrament. This is a special day when we reflect on God's mercy, love and forgiveness which he grants to all those who are willing to ask for it.

Parish Family Hall Opening

Last weekend we celebrated the opening of our newly renovated Parish Family Hall. What a spectacular opening! With well over 200 family members in attendance, the hall was full of life, laughter and love.

From start to finish (with a few minor items) we cannot thank enough the workers involved. David Cupido Construction, Shoalts and Zaback Architects, Alex McCoy's Plumbing, Mallette Electric, Environmental Contracting and all of the contractors involved.

Our Finance Committee for guiding us through this project. Especially Patrick Greenwood for attending weekly meetings, the many phone calls and making sure our project stayed on track.

Our Pastoral Council with the Catholic Women's League and Knights of Columbus for their contributions and support.

For the staff of the Archdiocese for accommodating our meetings, classes and events during our time of construction.

To the many volunteers Sharon, Mary, Stephen and the staff for setting up, serving, and cleanup of the hall for our celebration.

Our Fundraising Committee members, for their initiative and ideas on how we come up with extra funding for this project.

And finally, to all of our parish family members, who tolerated the disturbances during our weekday masses, who didn't let the extra dust in our Church bother you, and for your kindness and generosity over the years, without you this wouldn't of been possible. THANK YOU!



Pastoral Council Report

The Pilgrims of Hope Jubilee Year concluded with the consecration of all parish families to the Holy Family. This year, we are celebrating the Year of the Family. We are using the Knights of Columbus "Family Fully Alive" program to help us rediscover our family as the domestic church. All families are encouraged to participate.

We gathered as a parish family for a lunch after the 11 AM Mass on Sunday, March 22nd, the grand opening of our Parish Hall, to celebrate the Feast of St. Joseph.

The theme for February was the sacrament of marriage and helping our children understand the sacrificial and unconditional love that is the bedrock of Christian marriage and family life. The theme for March was family difficulties, and the opportunity we have to unite our difficulties and suffering to Christ to draw our families closer together. April's theme is mercy and forgiveness, exploring mercy in Christian familial love as well as in the sacrament of reconciliation – going to our Father, who is rich in mercy.

2026 is the 200th Anniversary of the Archdiocese of Kingston. An icon was written for this celebration and is displayed in Saint Mary's Cathedral. Copies of this icon will be distributed to each parish.

Our parish, Saint Joseph's, has been designated as a Pilgrim Church of the Archdiocese.

On Sunday, March 8th, in the afternoon at St. Mary's Cathedral, veneration of the relic of Saint Jean de Brebeuf took place.

A Lenten parish mission at Saint Mary's Cathedral led by Fr. John O'Brien of Martyrs Shrine, Midland, Ontario, was held on March 9th and 10th at 7 PM.

On Saturday, April 18th, we celebrate the 200th Anniversary of the Archdiocese of Kingston with Holy Mass at St. Mary's Cathedral at 10:30 AM, followed by a reception at Our Lady of Fatima Parish Hall at noon.



Catholic Women's League Report



With Core values of Faith, Service and Social and Ecological Justice, St Joseph's CWL offers activities that enrich members' spiritual growth and promotes evangelization in the parish and community aligned with our national theme, "Ignite Your Passion, Empower His Mission" that is inspired by the Sacred Heart of Jesus – His words igniting a spiritual fire within members to love and share God's love. Our current focus "Blessed Are the Poor" fuels members to "Create Hope through Action".

St. Joseph's CWL is pleased to be 'back home', meeting at the new Parish Family Hall. Join us at our upcoming events and participating in St. Joseph's Parish as Family Program. We are proud to have 19 members attending the April 25/26th Diocesan Convention, many of whom will be supporting the convention's Hospitality needs.

Faith Ministry =Hearts in Prayer As we aim to enrich spiritual growth, we hope you are noticing the posterboards at the back of the church, focusing in March on Lenten Season of Giving, April on Easter Renewal and May, Month of Mary, on Mother of the Poor. Meeting Prayer Services give us opportunity to pray and reflect collectively, and now members can enjoy an electronic version of these reflective themed prayers.

Continue supporting CWL's Faith Ministry in the parish-wide collection of items and monetary donations for St. Vincent de Paul- until April 1st. Generosity of parishioners is "creating hope" within the parish and wider community. On Tuesday May 5th-8:00am-8:00pm, the CWL parish-wide Palliative Care Day of Prayer will occur. Join us in prayer, focussing on End-of-Life Care.

Service = Hands that Care Service exemplifies CWL's reputation of extending spirit of welcome, hospitality and fellowship. We are excited to bring back the Fancy Hat Tea Party- Saturday May 9th, in our Parish Family Hall. Please join in the fun!

CWL's Service Ministry will oversee Birthright Collection, April 7th- May4th. Please donate listed items urgently needed for Baby and Moms or donate monetary funds.

CWL's Outreach Pilot Project, "Each One, Reach One" is supporting members with greeting cards, regular phone calls, offers of transportation to church or meetings or friendly visits at home/residence/hospital. Outreach says, "You are special and loved." as a short visit or phone call "can light up the day, calm anxiety and ease loneliness".

Social and Ecological Justice Ministry= Minds that Dare This core value reflects members' passion for being actively involved in the well being of society, including our own parish family and community.

CWL Speaker Series is popular and attracts more members and parishioners as it develops knowledge/understanding on issues such as homelessness, food insecurity, human trafficking, truth and reconciliation, the Synod, Development and Peace and End of Life Care.

Supporting our fundraising events provides local organizations with needed funds to make a difference. Finally, thanks to all who supported our ECO Centre which allowed members/parishioners to Care for God's Creation by recycling items that are re-purposed, rather than going into landfills. By Igniting our Passions, we Empower His Mission!

Knights of Columbus Report

Our mission; Together, we're empowering Catholic men to live their faith at home, in their parish, at work and in their Community.

St. Joseph's Council 11670 proudly support our parish and the community we live in. This year we have donated over \$65,000 to various charities in our city this past 12 months, including \$30,000 donation to our Parish Family Hall project. Not only through cash donations, we show up in numbers with our parish family, standing up for a better community.



With 1.9 million members worldwide, we have been investing our time, effort and resources into our values of CHARITY, UNITY, FRATERNITY AND PATRIOTISM.

If you are interested in joining or just want to find out more about our Parish Knights of Columbus, ask a Knight after mass or contact our Grand Knight Patrick Greenwood – pggbroker@gmail.com

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