

St. Joseph's Catholic Church



Eighteenth Sunday in Ordinary Time

August 2, 2026

*“There is no need for them to go;
give them something to eat yourselves.”*

Mission Statement

Grounded in the gospel of Jesus Christ through liturgy, Eucharistic worship and outreach, St. Joseph's Parish calls the faithful to an active involvement in parish life and responsible participation in extending Christ – like values to the wider community.

Liturgy Schedule

Weekend

Saturday: 5:15 p.m.
Sunday: 9:00 a.m., 11:00 a.m.

Weekday

Monday 5:15 p.m.
Tuesday 9:00 a.m.
Wednesday 9:00 a.m.
Thursday 9:00 a.m.
Friday 5:15 p.m.

Holy Hour and Divine Mercy Prayers

Monday and Friday 4:00 p.m.

Sacraments

Baptism

Sunday after the 11:00 a.m. Mass – Registration required, please contact the Parish.

Confession

Monday, Friday & Saturday 4:00 p.m. – 5:00 p.m.

Marriage

Six months' notice is required, as well as a Marriage Preparation Course. Please contact the Parish.

Anointing

Please contact the Parish.

Summer Parish Office Hours:

Monday to Thursday 8:30 a.m. – 3:00 p.m.;
(closed 12:00 noon – 1:00 p.m.)
Friday 8:30 a.m. – 12:00 noon
Susan Lett, Parish Secretary

Parish Organizations

Catholic Women's League

Kathi Colwell & Susan

Knights of Columbus, 11670

Conway Williamson

Patrick Greenwood

Parish Ministries

Finance Committee

Rev. Cosmas Ajawara

Parish Pastoral Council

Ben Krasna

Lectors

Carol Kavanaugh

Eucharistic Ministers

Carol Kavanaugh

Ministry to Sick & Homebound

Chris Jones & Monna

Splinter

Ministry to Seniors (Cards)

Judy Saunders

Ministry at Extending Care

Mary Clancy

Ushers

Ian Stewart

Sacristans

Fran Price

Culture of Life

Ben Krasna

Parish Engagement

Mary Clancy

Funeral Choir

Shirley Kelliher

Junior Liturgy

Kelly Canning

Sacramental Preparation

Altar Servers

Kelly Canning

Music Ministry

Theresa Whalen-Witjes

Youth Choir

Sheila Fowler

Parish Schools

St. Thomas More Catholic School - Sandra Fragoso, Principal
234 Norman Rogers Dr., Kingston, ON K7M 2R4
613-542-1575

St. Paul's Catholic School - Chantal Courneyea, Principal
266 McMahon Ave., Kingston, ON K7M 3H2
613-542-6101

392 Palace Road, Kingston, Ontario K7L 4T3 Tel. 613-547-5004
Email: stjoseph.kingston@archkingston.ca Parish Website: www.stjosephskingston.ca

Rev. Cosmas Ajawara, Pastor

Eighteenth Sunday in Ordinary Time
August 2, 2026

Introduction

Jesus feeds all those who come to Him. He feeds us in a special way when we come to receive Him in the Eucharist. He becomes present to us in His very self. May we receive this gift of Himself with great joy and gratitude.

First Reading: Isaiah 55:1-3

The Lord invites us to come to Him and our soul will live.

Second Reading: Romans 8:35, 37-39

Nothing can ever come between us and the love of God made visible in Christ.

Gospel: Matthew 14:13-21

Jesus feeds all those who come to Him abundantly.

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MASSES FOR THIS WEEK

Monday, 3 August

5:15 p.m. Antonio Almeida – The Almeida Family

Tuesday, 4 August

9:00 a.m. Edgardo Torres – Michael & Rowena Strong

Wednesday, 5 August

9:00 a.m. Michael Sudak – Raymond Doyle

Thursday, 6 August

9:00 a.m. Healing for Hilda – Emmanuel

Friday, 7 August

5:15 p.m. Novotny Family – Jane Watts

Saturday, 8 August

5:15 p.m. Kevin Loughlin (4th Anniversary) – Catherine Loughlin

Sunday, 9 August

9:00 a.m. Intention of Thomas Holmes – The Holmes Family

11:00 a.m. People of the Parish

Join our online Mass on Sunday's at 11:00 a.m. visit www.stjosephskingston.ca.

PRAYERS FOR THE DECEASED

You are asked to remember in prayer those recently deceased especially Lita Cassidy; Terry Walsh; Rita Carpenter; David Rivera.

PRAYERS FOR THOSE WHO ARE ILL

Please remember in your prayers the following: Donna V.; Rob Hurst; Brian Begbie; Kent Hawley; Bruce Johnson; Mel Kane; Gerry Koster; Raymond Doyle; Tanya Bhudu; Harry MacDonald; Mary Brady; Tina Phillips.

If there are members of your family or friends who are ill or recently died, and for whom you wish prayers, please contact Susan at the parish office at 613-547-5004.

Fr. Cosmas Reflection

Hunger For God

Every human being is hungry. We hunger not only for food but also for love, acceptance, peace, security, purpose, forgiveness, and hope. We spend much of our lives trying to satisfy these deeper hungers. Some seek fulfillment in wealth, success, power, pleasure, entertainment, or possessions. Yet, after achieving these things, many still discover an emptiness within. This is because the deepest hunger of the human heart is a hunger for God.

The first reading from Isaiah extends a beautiful invitation: "Come to the water, all you who are thirsty... Come, receive grain and eat; come, without paying and without cost." God invites us to receive freely what the world cannot sell. We often spend our energy chasing things that do not truly satisfy. We invest time in accumulating possessions while neglecting our relationship with God, our families, and our own souls. Isaiah asks us, "Why spend your money for what is not bread, and your wages for what fails to satisfy?" It is a question every modern person should ask. Are we feeding our souls, or are we merely entertaining our appetites?

In the Gospel, Jesus is confronted with a huge crowd in a deserted place. The disciples react in a practical but limited way: "Send the crowds away so they can buy food for themselves." Jesus, however, responds with surprising words: "There is no need for them to go away; give them some food yourselves."

The disciples immediately focus on what they lack. "We have only five loaves and two fish." Their calculation is one of scarcity. Jesus' calculation is one of faith. He takes what little they have, blesses it, breaks it, and gives it to the disciples to distribute. Everyone eats, everyone is satisfied, and twelve baskets of leftovers remain.

How often do we resemble those disciples? We look at our limitations instead of God's possibilities. We say, "I don't have enough money. I don't have enough time. I don't have enough talent. I don't have enough strength." Jesus asks us not to focus first on what we lack but to place whatever we have into His hands. He can multiply even our smallest offering.

PASTORAL CARE: LIVING & DYING WITH REAL HOPE AND TRUE DIGNITY Parish family members were invited to add questions to the questionnaire that was in your bulletin, online or Flocknote. There are extra copies at the main entrance if needed. Please return to the baskets at the entrances or add to the collection basket by **August 9, 2026.**

This week's bulletin is sponsored by:





CATHOLIC WOMEN'S LEAGUE NEWS St. Joseph's CWL Outreach Committee is continuing to implement our **CWL Pilot Project, "Each One, Reach One."** Goal is to **ignite hope** by reaching out to our members who long for companionship and to brighten their days with regular phone calls, written communication, friendly visits, drives to church or meetings, or in need of prayers. On July 24th, Denise Irvine emailed members a full description of our Outreach Program and an **Outreach Volunteer Registration Form**. Copies of **Outreach Volunteer Registration Form** are also located on CWL table at the back of the church. CWL members, please complete form, mark **CWL Outreach** on it, and place it in collection basket. **If "Each One, can Reach One" what Hope and Joy we can ignite and spread!**

CLERGY APPOINTMENTS

Archbishop Michael Mulhall wishes to announce the following (effective September 1, 2026):

Retirements:

Rev. John Brennan, Our Lady of Lourdes Parish; Rev. John Hibbard, St. Paul the Apostle Parish; Rev. Richard Whalen, St. Michael the Archangel Parish, Belleville.

Appointments:

Fr. Francis Zambon, Rector of St. Mary's Cathedral; **Rev. Shawn Hughes**, St. Michael the Archangel Parish, Belleville; **Rev. Adaikalaraj Albert**, Our Lady of Lourdes Parish; **Rev. Charles Enyinnia**, St. Paul the Apostle Parish; **Rev. Marek Chochrek**, St. Peter-in-Chains Parish, Trenton; **Rev. Tim Harrison**, St. Patrick's Parish, Napanee; **Rev. Jayaseelan Amalanathan**, Marysville, Deseronto and Read Parishes; **Rev. Cyprian Ihedoro**, SMMM, Perth, Lanark, Stanleyville, Bathurst, McDonald's Corners and Ferguson Falls Parishes; **Rev. Anthony Dim**, Westport, Elgin, Bedford and Sharbot Lake Parishes; **Rev. Thomas Stephan**, Gananoque, Landsdowne and Rockport Parishes; **Rev. Charles Ogbuagu** appointed Pastor of Amherstview and Bath Parishes. *Additional appointments will be announced in the near future.*

COMMUNITY

COME AND SEE SPIRITUAL SPEAKER SERIES

Jesus invited His first followers to learn about Him by spending time with Him, saying, **"Come and See"** (*John 1:39*). Join us on Thursday, August 13, 2026 at 7:00 p.m. at St. Joseph's Church, guest speaker Kim Zember 'When I Finally Surrendered to God's Radical Love' Vespers to follow with a social in the Parish Family Hall. A special invitation to youth, young adults and the young at heart, Friday, August 14, 2026 at 7:00 p.m., His Eminence Cardinal Frank Leo, Archbishop of Toronto will be speaking, 'Knowing and Loving he Beloved' followed by Taize prayer liturgy at St. Mary's Cathedral. On Saturday, August 15 at 10:30 a.m. Holy Mass will be celebrated on

the Solemnity of the Assumption of the Blessed Virgin Mary at St. Mary's Cathedral.

HEALING SERVICE *"I am the Lord, your Healer"* (*Exodus 15:26*). Jesus is alive! We have seen Him heal illness and injuries in our day. Join us to encounter the healing love of our Risen Lord on **Thu., Aug. 20, 6:45 pm - 9:00 pm at St. Paul the Apostle Church, Kingston**. The evening will open giving praise to God and proclaiming His Word, followed by corporate prayers for physical healing, and an opportunity for individual healing prayer. Free and open to the public. More information at: <https://encounterschool.org/kingston>

ENCOUNTER SCHOOL Encounter is a place to journey together with like-minded believers to EXPERIENCE the transforming POWER of the GOSPEL. Classes begin **Mon. Sep. 14, 2026**, and run weekly on **Mondays (6:30 – 8:30 pm) at St. Paul the Apostle Parish Hall, Kingston**. Apply now at <https://encounterschool.org/kingston/>. Have questions? Email kingston@encounterschool.org or "Come and See" for yourself on **Sat. Sep. 12, 8:30am to 4:00 pm**. No charge. Sign up here: <https://ourladyofdivinefire.regfox.com/2026-esm-come-and-see>

Schedule for the weekends of August 8-9, 2026

	Lectors	Eucharistic Ministers	Ushers	Music
Sat. 8 Aug 5:15pm	Sr.N.Hurren H. Couto	L.Bickerstaffe D. Lomboy	I. Stewart D.Mazzolin A. Kelly R.Lachance	Summer break
Sun. 9 Aug 9:00am	P. Evaristo M. Tudin	K. Nickerson A.MacKinnon	I. Stewart J. Agero R. Audet F. Cuvelier	Megan
Sun. 9 Aug 11:00am	C.Kavanaugh S. Boisvert	B. Oliveira T. Donoghue	J. McLaren B. Krasna D.Fernandes F. Levesque	

Streaming: S. Fragosio

Junior Liturgy: will resume in September



KNIGHTS CORNER: This month's meeting on August 5th is our installation of our officers at 6:45 p.m. followed by a council dinner provide by the Executive at 7:30 p.m. sharp. Hamburgers, hotdogs and salads! All current members and those interested in becoming a member of the St. Joseph's Knights of Columbus are welcome! This is a great opportunity to see what the Knights are all about and enjoy an evening of friendship and great food.

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