

St. Joseph's Catholic Church



Nineteenth Sunday in Ordinary Time

August 9, 2026

"It is I; do not be afraid."

Mission Statement

Grounded in the gospel of Jesus Christ through liturgy, Eucharistic worship and outreach, St. Joseph's Parish calls the faithful to an active involvement in parish life and responsible participation in extending Christ – like values to the wider community.

Liturgy Schedule

Weekend

Saturday: 5:15 p.m.
Sunday: 9:00 a.m., 11:00 a.m.

Weekday

Monday 5:15 p.m.
Tuesday 9:00 a.m.
Wednesday 9:00 a.m.
Thursday 9:00 a.m.
Friday 5:15 p.m.

Holy Hour and Divine Mercy Prayers

Monday and Friday 4:00 p.m.

Sacraments

Baptism

Sunday after the 11:00 a.m. Mass – Registration required, please contact the Parish.

Confession

Monday, Friday & Saturday 4:00 p.m. – 5:00 p.m.

Marriage

Six months' notice is required, as well as a Marriage Preparation Course. Please contact the Parish.

Anointing

Please contact the Parish.

Summer Parish Office Hours:

Monday to Thursday 8:30 a.m. – 3:00 p.m.;
(closed 12:00 noon – 1:00 p.m.)
Friday 8:30 a.m. – 12:00 noon
Susan Lett, Parish Secretary

Parish Organizations

Catholic Women's League

Kathi Colwell & Susan

Knights of Columbus, 11670

Conway Williamson
Patrick Greenwood

Parish Ministries

Finance Committee

Rev. Cosmas Ajawara

Parish Pastoral Council

Ben Krasna

Lectors

Carol Kavanaugh

Eucharistic Ministers

Carol Kavanaugh

Ministry to Sick & Homebound

Chris Jones & Monna

Splinter

Ministry to Seniors (Cards)

Judy Saunders

Ministry at Extending Care

Mary Clancy

Ushers

Ian Stewart

Sacristans

Fran Price

Culture of Life

Ben Krasna

Parish Engagement

Mary Clancy

Funeral Choir

Shirley Kelliher

Junior Liturgy

Kelly Canning

Sacramental Preparation

Altar Servers

Kelly Canning

Music Ministry

Theresa Whalen-Witjes

Youth Choir

Sheila Fowler

Parish Schools

St. Thomas More Catholic School - Sandra Fragoso, Principal
234 Norman Rogers Dr., Kingston, ON K7M 2R4
613-542-1575

St. Paul's Catholic School - Chantal Courneyea, Principal
266 McMahon Ave., Kingston, ON K7M 3H2
613-542-6101

392 Palace Road, Kingston, Ontario K7L 4T3 Tel. 613-547-5004
Email: stjoseph.kingston@archkingston.ca Parish Website: www.stjosephskingston.ca

Rev. Cosmas Ajawara, Pastor

Nineteenth Sunday in Ordinary Time
August 9, 2026

Introduction

Storms are frequent in the course of life, and often threaten to overwhelm us. The Lord is with us in the storms and strengthens us to face them.

First Reading: 1 Kings 19:9, 11-13

After storm and earthquake, the voice of the Lord is heard in the breeze.

Second Reading: Romans 9:1-5

Paul is distressed in spirit for his sisters and brothers of Israel.

Gospel: Matthew 14:22-33

A storm at sea reveals the Lord of the storm.

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MASSES FOR THIS WEEK

Monday, 10 August

5:15 p.m. Richard Devette – Annette Devette

Tuesday, 11 August

9:00 a.m. Pat Slack – Raymond Doyle

Wednesday, 12 August

9:00 a.m. Jose Madrigal – Marietta Kenyan

Thursday, 13 August

9:00 a.m. Intention of Nancy Figueroa – Ann Amos

Friday, 14 August

9:00 a.m. Gerard Cook (5th Anniversary) – Brenda Murphy

Saturday, 15 August

5:15 p.m. Antonio Medeiros – Victor Medeiros

Sunday, 16 August

9:00 a.m. Mass of Thanksgiving – Krasna Family

11:00 a.m. People of the Parish

Join our online Mass on Sunday's at 11:00 a.m. visit www.stjosephskingston.ca.

PRAYERS FOR THE DECEASED

You are asked to remember in prayer those recently deceased especially Rita Carpenter; David Rivera.

PRAYERS FOR THOSE WHO ARE ILL

Please remember in your prayers the following: Donna V.; Rob Hurst; Brian Begbie; Kent Hawley; Bruce Johnson; Mel Kane; Gerry Koster; Raymond Doyle; Tanya Bhudu; Harry MacDonald; Mary Brady; Tina Phillips.

If there are members of your family or friends who are ill or recently died, and for whom you wish prayers, please contact Susan at the parish office at 613-547-5004.

CHANGE OF MASS TIME On Friday August 14 Mass will be at 9:00 a.m. The 5:15 p.m. Mass on August 14 is cancelled. As well, there will be no confessions on this date.

Fr. Cosmas Reflection

Take Courage; Do Not Be Afraid.

Fear is one of the most powerful emotions we experience. We fear illness, losing our jobs, financial uncertainty, broken relationships, rejection, failure, growing old, and even the future itself. Sometimes we carry hidden fears that no one else knows about. Fear can paralyze us, rob us of peace, and weaken our faith. The readings for this Sunday remind us that God does not always remove the storm from our lives, but He always comes to us in the midst of it.

In the first reading, the prophet Elijah is exhausted and discouraged. He has experienced opposition, disappointment, and threats against his life. He flees to Mount Horeb, hoping to encounter God. As he waits, a mighty wind tears through the mountains, an earthquake shakes the ground, and fire blazes before him. Yet the Lord is not in any of these dramatic events. Finally, Elijah hears a tiny whispering sound, a gentle, quiet voice and there he encounters God.

How often we expect God to speak through spectacular miracles while ignoring His quiet voice. We want instant solutions to our problems, but God often chooses to work through silence, prayer, Scripture, the wisdom of others, and the quiet movements of our conscience. In a world filled with constant noise from phones, television, social media, and endless activity, we can easily lose the ability to hear God's gentle voice. If we want to know God's will, we must create moments of silence each day.

The Gospel presents another familiar scene. The disciples are in a boat crossing the sea. During the night, a violent storm arises, and the waves batter the boat. They struggle against the wind and fear for their lives. Then, in the darkest part of the night, Jesus comes walking on the water.

At first, they think He is a ghost. Fear blinds them from recognizing the very One who has come to save them. Jesus immediately speaks words that every Christian needs to hear: "Take courage, it is I; do not be afraid." Jesus does not promise a life without storms. He promises His presence in every storm.

As we gather around the altar today, let us bring before Jesus every fear, anxiety, disappointment, and burden we carry. Let us hear Him speak personally to each of us: "Take courage. It is I. Do not be afraid."

This week's bulletin is sponsored by:





CATHOLIC WOMEN'S LEAGUE NEWS St. Joseph's CWL Outreach Committee is continuing to implement our **CWL Pilot Project, "Each One, Reach One."** Goal is to **ignite hope** by reaching out to our members who long for companionship and to brighten their days with regular phone calls, written communication, friendly visits, drives to church or meetings, or in need of prayers. On July 24th, Denise Irvine emailed members a full description of our Outreach Program and an **Outreach Volunteer Registration Form**. Copies of **Outreach Volunteer Registration Form** are also located on CWL table at the back of the church. CWL members, please complete form, mark **CWL Outreach** on it, and place it in Collection Basket. **If "Each One, can Reach One" what Hope and Joy we can ignite and spread!**

PASTORAL CARE: LIVING & DYING WITH REAL HOPE AND TRUE DIGNITY Parish family members were invited to add questions to the questionnaire that was in your bulletin, online or Flocknote. There are extra copies at the main entrance if needed. Please return to the baskets at the entrances or add to the collection basket by **August 9, 2026**.

PARISH WASHROOMS the washrooms in the Parish Family Hall can be accessed via the west door in the church, we ask that you refrain from using the Sacristy to access the washrooms or Parish Family Hall. Washrooms are also available near the main entrance of the church. Thank you for your cooperation.

COMMUNITY

COME AND SEE SPIRITUAL SPEAKER SERIES

Jesus invited His first followers to learn about Him by spending time with Him, saying, **"Come and See"** (*John 1:39*). Join us on Thursday, August 13, 2026 at 7:00 p.m. at St. Joseph's Church, guest speaker Kim Zember 'When I Finally Surrendered to God's Radical Love' Vespers to follow with a social in the Parish Family Hall. A special invitation to youth, young adults and the young at heart, Friday, August 14, 2026 at 7:00 p.m., His Eminence Cardinal Frank Leo, Archbishop of Toronto will be speaking, 'Knowing and Loving he Beloved' followed by Taize prayer liturgy at St. Mary's Cathedral. On Saturday, August 15 at 10:30 a.m. Holy Mass will be celebrated on the Solemnity of the Assumption of the Blessed Virgin Mary at St. Mary's Cathedral.

SPECIAL JUBILEE YEAR – ST. FRANCIS OF ASSISI

A Special Jubilee Year is being celebrated from **January 10, 2026 to January 10, 2027, at 7:00pm** in commemoration of the 800th anniversary of the passage of St. Francis of Assisi. In Kingston, designated pilgrimage churches include St. John the Apostle, Holy Family, and St. Francois d'Assise. A Plenary Indulgence is available under the usual circumstances. All are welcome to visit when the churches are open for Mass or Adoration on weekdays (Tuesday–Friday) or on weekends.

HEALING SERVICE *"I am the Lord, your Healer"* (*Exodus 15:26*). Jesus is alive! We have seen Him heal illness and injuries in our day. Join us to encounter the healing love of our Risen Lord on **Thu., Aug. 20, 6:45 pm - 9:00 pm at St. Paul the Apostle Church, Kingston**. The evening will open giving praise to God and proclaiming His Word, followed by corporate prayers for physical healing, and an opportunity for individual healing prayer. Free and open to the public. More information at: <https://encounterschool.org/kingston>

ENCOUNTER SCHOOL Encounter is a place to journey together with like-minded believers to EXPERIENCE the transforming POWER of the GOSPEL. Classes begin **Mon. Sep. 14, 2026**, and run weekly on **Mondays (6:30 – 8:30 pm) at St. Paul the Apostle Parish Hall, Kingston**. Apply now at <https://encounterschool.org/kingston/>. Have questions? Email kingston@encounterschool.org or "Come and See" for yourself on **Sat. Sep. 12, 8:30am to 4:00 pm**. No charge. Sign up here: <https://ourladyofdivinefire.regfox.com/2026-esm-come-and-see>

Schedule for the weekends of August 15-16, 2026

	Lectors	Eucharistic Ministers	Ushers	Music
Sat. 15 Aug 5:15pm	S. Ottenhof Sr.N.Hurren	P. Rosales J. Saunders	I. Stewart C. Bieber A. Kelly R.Lachance	Summer break
Sun. 16 Aug 9:00am	A.MacKinnon M. Addai	C. Purcell M. Marcial	I. Stewart M.Turkington R. Audet F. Cuvelier	Megan
Sun. 16 Aug 11:00am	D. Naimool V. Onwuliri	A. Krasna K. Colwell	J. McLaren B. Krasna D.Fernandes F. Levesque	
Streaming: D. Eardley				
Junior Liturgy: will resume in September				



KNIGHTS CORNER: This week, Council 11670 marked the Installation of Officers for the new fraternal year. Each officer takes on a role of service, helping guide the council in its mission of charity, unity, fraternity, and patriotism. This weekend's Gospel reminds us of Christ's words to the disciples: "Take courage, it is I; do not be afraid." Those words speak not only to our officers, but to all of us. Leadership in the Knights is not about status; it is about courage, responsibility, faith, and service. As our new executive begins its work, we ask for prayers for wisdom, unity, and commitment to the good of our parish and community. Catholic men seeking faith, fraternity, and a practical way to serve are warmly invited to join us. Vivat Jesus!

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