

St. Joseph's Catholic Church



Twenty-Second Sunday in Ordinary Time

August 30, 2026

"There seemed to be a fire burning in my heart."

Mission Statement

Grounded in the gospel of Jesus Christ through liturgy, Eucharistic worship and outreach, St. Joseph's Parish calls the faithful to an active involvement in parish life and responsible participation in extending Christ – like values to the wider community.

Liturgy Schedule

Weekend

Saturday: 5:15 p.m.
Sunday: 9:00 a.m., 11:00 a.m.

Weekday

Monday 5:15 p.m.
Tuesday 9:00 a.m.
Wednesday 9:00 a.m.
Thursday 9:00 a.m.
Friday 5:15 p.m.

Holy Hour and Divine Mercy Prayers

Monday and Friday 4:00 p.m.

Sacraments

Baptism

Sunday after the 11:00 a.m. Mass – Registration and Baptism preparation class required, please contact the Parish.

Confession

Monday, Friday & Saturday 4:00 p.m. – 5:00 p.m.

Marriage

Six months' notice is required, as well as a Marriage Preparation Course. Please contact the Parish.

Anointing

Summer Parish Office Hours:

Monday to Thursday 8:30 a.m. – 3:00 p.m.;
(closed 12:00 noon – 1:00 p.m.)
Friday 8:30 a.m. – 12:00 noon
Susan Lett, Parish Secretary

Parish Organizations

Catholic Women's League

Kathi Colwell & Susan

Conway Williamson

Knights of Columbus, 11670

Patrick Greenwood

Parish Ministries

Finance Committee

Rev. Cosmas Ajawara

Parish Pastoral Council

Ben Krasna

Lectors

Carol Kavanaugh

Eucharistic Ministers

Carol Kavanaugh

Ministry to Sick & Homebound

Chris Jones & Monna

Splinter

Ministry to Seniors (Cards)

Judy Saunders

Ministry at Extending Care

Mary Clancy

Ushers

Ian Stewart

Culture of Life

Ben Krasna

Parish Engagement

Mary Clancy

Funeral Choir

Shirley Kelliher

Junior Liturgy

Kelly Canning

Sacramental Preparation

Altar Servers

Kelly Canning

Music Ministry

Theresa Whalen-Witjes

Youth Choir

Sheila Fowler

Parish Schools

St. Thomas More Catholic School – Tina Castro, Principal (as of Sept. 1, 2026)

234 Norman Rogers Dr., Kingston, ON K7M 2R4 613-542-1575

St. Paul's Catholic School – Katie Williamson Principal (as of Sept. 1, 2026)

266 McMahon Ave., Kingston, ON K7M 3H2 613-542-6101

392 Palace Road, Kingston, Ontario K7L 4T3 Tel. 613-547-5004
Email: stjoseph.kingston@archkingston.ca

Parish Website: www.stjosephskingston.ca

Rev. Cosmas Ajawara, Pastor

Twenty-Second Sunday in Ordinary Time
August 30, 2026

Introduction

Suffering enters the life of everyone; as Christians we are invited to recognize it as an invitation to share in the cross of Christ.

First Reading: Jeremiah 20:7-9

Though Jeremiah feels that the Lord has deceived him, he knows that he must proclaim the prophetic message of what is to come.

Second Reading: Romans 12:1-2

Paul urges us to follow the will of God, not the fashions of the world.

Gospel: Matthew 16:21-27

Jesus makes it clear that there is a price to be paid for following him.

Copyright Liguori Publications Ligouri.org – Used with permission, all rights reserved.

MASSES FOR THIS WEEK

Monday, 31 August

5:15 p.m. Intention of Leonie Graham (100th Birthday) – Alison Bogle

Tuesday, 1 September

9:00 a.m. Fidelis Ajawara – Michael & Rowena Strong

Wednesday, 2 September

9:00 a.m. Mary St. Pierre

Thursday, 3 September

9:00 a.m. Doreen Saunders – Frank & Lorraine Carter & Family

Friday, 4 September

10:00 a.m. Mass at Kingsdale
5:15 p.m. Frank Bucciarelli – The Krasna Family

Saturday, 5 September

5:15 p.m. Peter Goudreau – The Family

Sunday, 6 September

9:00 a.m. Oliver Ogomaka (1st Anniversary)
11:00 a.m. People of the Parish

Join our online Mass on Sunday's at 11:00 a.m. visit www.stjosephskingston.ca.

PRAYERS FOR THE DECEASED You are asked to remember in prayer those recently deceased.

PRAYERS FOR THOSE WHO ARE ILL Please remember in your prayers the following: Donna V.; Rob Hurst; Brian Begbie; Kent Hawley; Bruce Johnson; Mel Kane; Gerry Koster; Raymond Doyle; Tanya Bhudu; Harry MacDonald; Mary Brady; Tina Phillips; Jerry Sambirsky; Patricia Sullivan.

If there are members of your family or friends who are ill or recently died, and for whom you wish prayers, please contact Susan at the parish office at 613-547-5004.

MASS ON TUESDAY, SEPT. 8 AT 9:00 A.M. IS CANCELLED.

Fr. Cosmas Reflection

Take Up Your Cross and Follow Me

There are some words of Jesus that we love to hear: "Come to me, all you who labor and are burdened, and I will give you rest." We like the Jesus who heals, blesses, feeds, protects and comforts us.

But today Jesus gives us another side of discipleship: "Whoever wishes to come after me must deny himself, take up his cross, and follow me."

These words are not particularly attractive. Yet they are at the heart of Christianity.

Last Sunday, Peter made a beautiful confession of faith: "You are the Messiah, the Son of the living God." Jesus praised him and gave him the keys of the Kingdom. But in today's Gospel, Peter has a problem. When Jesus explains that he must go to Jerusalem, suffer, be killed and be raised, Peter says, "God forbid, Lord! No such thing shall ever happen to you."

Peter wanted the glory without the cross. He wanted Jesus to be Messiah, but according to his own understanding of what a Messiah should be.

And sometimes we do the same thing.

We want a Christianity without sacrifice. We want blessings without responsibility, success without struggle, resurrection without Good Friday, and the crown without the cross.

But Jesus tells Peter, and tells us—"You are thinking not as God does, but as human beings do." The cross is part of the Christian life

Jesus is not saying that suffering is good in itself. Christianity does not teach us to look for suffering or to remain in situations of abuse and injustice.

Rather, Jesus teaches us that love always involves sacrifice. My brothers and sisters, Christianity is not merely believing in Jesus. It is following Jesus.

And following Jesus means that there will be moments when we must choose between comfort and commitment, between popularity and truth, between revenge and forgiveness, between selfishness and generosity, between the way of the world and the way of the

This week's
bulletin is
sponsored by:





CATHOLIC WOMEN'S LEAGUE

NEWS St. Joseph's CWL- hosting Kingston Diocesan Council's **Annual Spiritual Retreat- Saturday September 12, 2026 -9:00am-2:00pm**, in Parish Church and Hall. Members, if attending, please register and send \$20. fee, before August 30th : by completing online form: <https://forms.gle/acc4Vb27hjEpwj46> or emailing Nancy Richer at: cwlncancyricher@gmail.com or mailing cheque to Nancy Richer, 11155 Grisdale Blvd, Iroquois, Ont.K0E 1K0 or e-transferring \$20. to: kingstoncwlfinance@gmail.com Please inform S. Conway Williamson/K. Colwell if you can provide a treat for break times or assist with hosting duties. • **Outreach Volunteer Registration Forms**, available at back of church on CWL table; fill out form if you can reach out to help another CWL member & place form in collection basket. • **Monday September 14th at 7:00pm**-is our next General Meeting in the Parish Hall; All members are welcome!

RITE OF CHRISTIAN INITIATION FOR ADULTS

Are you someone, or do you know someone who has expressed an interest in becoming Catholic, or was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist? We offer an opportunity to come together in a small group to learn more about our faith. Sessions focus on the teachings and experience of Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. You are welcome to participate in the process with your questions, your insights and your faith story in a warm accepting setting. For information, please contact the parish office at 613-547-5004. Sessions will begin in October.

COMMUNITY

A SILENT PEACE VIGIL In a time marked by violence, division, and conflict, many people are asking how they can respond in a meaningful way. The Sisters of Providence and Providence Associates invite you to join them for a silent,

prayerful vigil in solidarity with all those affected by violence. **In front of Kingston City Hall, Ontario Street Every Monday 12 noon – 12:30 p.m.**

ST. RITA'S DROP-IN CENTRE Monday-Friday, 1:00-3:30 pm St. Mary's Cathedral Outreach to the homeless and poor of the city. 1:00-3:30 pm, Monday to Friday. Providing safety, great food, showers, and good Christian hospitality and dignity. Inquiries: paty@stmaryscathedral.ca

ENCOUNTER SCHOOL Encounter is a place to journey together with like-minded believers to EXPERIENCE the transforming POWER of the GOSPEL. Classes begin **Mon. Sep. 14, 2026**, and run weekly on **Mondays (6:30 – 8:30 pm) at St. Paul the Apostle Parish Hall, Kingston**. Apply now at <https://encounterschool.org/kingston/>. Have questions? Email kingston@encounterschool.org or "Come and See" for yourself on **Sat. Sep. 12, 8:30am to 4:00 pm**. No charge. Sign up here: <https://ourladyofdivinefire.regfox.com/2026-esm-come-and-see>

Schedule for the weekends of September 5-6, 2026

	Lectors	Eucharistic Ministers	Ushers	Music
Sat. 5 Sept 5:15pm	J. Saunders M. Sivilotti	D. Lomboy M. McLaughlin	I. Stewart C. Bieber A. Kelly R. Lachance	Music Ministry back Sept 13
Sun. 6 Sept 9:00am	M. Marcial C. Purcell	G. Lesperance L. Orellano	I. Stewart M. Turkington R. Audet F. Cuvelier	
Sun. 6 Sept 11:00am	F. Levesque R. McLaren	K. Colwell A. Krasna	J. McLaren B. Krasna D. Fernandes F. Levesque	

Streaming: C. Jones

Junior Liturgy: will resume in September



KNIGHTS CORNER: Did you know?

When Knights volunteer at charitable Bingo, the proceeds help support our parish and wider community. Council 11670 raised over \$10,000 from April to June through Bingo, and we give everything to local charitable causes. However, behind these great numbers are Brother Knights giving their time, filling shifts, responding to messages, and keeping the volunteer list organised. The result is real support for others! Bingo may sound simple, but for Council 11670, it has become a practical work of charity. Catholic men looking for a meaningful way to serve, support good works, and build fraternity are warmly invited to join us. Vivat Jesus! Follow us on Facebook: St. Joseph's Knights of Columbus Council 11670, Kingston, Ontario.

 DAVID J. Cupido CONSTRUCTION LTD. General Contractor Construction Management Custom Millwork	ABLE AUTO Sales & Leasing 613-542-2253 641 Princess Street Quality Used Cars & Trucks 	Patrick Greenwood Broker, SRES® Parishioner & Grand Knight 613.561.6300 Residential. Commercial. Land Development  EXECUTIVES, BROKERAGE • INDEPENDENTLY OWNED AND OPERATED		
CARACO caracogroup.ca GROUP OF COMPANIES	Frank & Henry's Service Ltd. Over 50+ Years Complete Service ALL MAKES & MODELS TIRES • BRAKES • TUNE-UPS 613-544-5233 1195 Concession St., Kingston frankandhenrys@rogers.com A/C Specialists We also TOW Short & Long Haul! 	Bela Jr. Painting and Home Improvements lazaro.cabaling@yahoo.ca 613-539-3069 Experienced. Hard Work. Dedication Est. 2017	LEVAC Industrial • Construction • Safety Supplies & Equipment Health & Safety • Training • Consulting www.levacsupply.com	
 MULROONEY TRUCKING CONSTRUCTION AGGREGATES Est. 1953 Trucking Construction Aggregates 1280 McAdoo's Lane, Kingston ON 613-548-4427	AME ENVIRONMENTAL Waste disposal & bin rental (613) 548-4558	 Sousa Ready Mix Inc. Concrete Contractors 1351 McAdoo's Lane 613-547-3675	 CATARAQUI CABINETS ESTABLISHED 1979 cataraquicabinets.ca	
 Countrywide KITCHENS 1407 John Counter Blvd, Kingston ON 613-549-8650	Exclusive Cooling Ltd. RESIDENTIAL & COMMERCIAL HVAC SERVICES 613-389-9250 • info@exclusivecooling.ca	 ST. LAWRENCE POOLS		
Proud to support the community.	 Gordon F. Tompkins Funeral Home - Central Chapel Gordon F. Tompkins Funeral Home - Township Chapel by Arbor Memorial 49 Colborne St., P.O. Box 1206, Kingston, ON • 613-546-5454 435 Davis Drive, Kingston, ON • 613-546-5150 Arbor Memorial Inc.			
 St. Mary's Cemetery serving our catholic community since 1856 613-548-4343 718 Division St. Kingston, ON www.stmaryscemetery.ca	JOHN GOWSELL THOMSON & GOWSELL Barristers and Solicitors General Practice 1309 Princess Street www.thomsongowsell.ca 613-546-3286	James Reid's professional and dedicated staff provide services that help families heal. In the same family since 1854, we are Kingston's James Reid Funeral Home, Crematorium and Reception Centre at 1900 John Counter Blvd, part of your community. 	 JAMES REID FUNERAL HOME Independently Owned & Family Run for 165 years JamesReidFuneralHome.com 1900 John Counter Blvd 613.544.3411	
Carlo De Longhi ELECTRIC LTD. Lic. ECRA/ESA 7000710 Quality Work/Reasonable Rates 613-546-4779	 Visit us for all your lighting needs at 1407 John Counter Blvd, Kingston ON 613-548-8397 or online at kingstonlighting.ca	 NEIL'S FLOWERS Est. 1984 Where Quality Grows 1622 Sydenham Rd, Kingston 613-542-9929 neilsflowers.com	SWISS CHALET Join us today! Order online swisschalet.com 1-866-439-0439 613-542-4432 1330 Bath Rd.	Herman's Auto 825 Portsmouth Ave. 613-542-7690
Bridget Walker-Payne, Agent 1335 Princess St. 613-544-1335 bridgetwalker-payne.com 	ADVERTISE YOUR BUSINESS HERE!		 CONTACT US FOR YOUR RESIDENTIAL HVAC NEEDS: - Furnaces & Air Conditioners - Cold Climate Heat Pumps - Indoor Air Quality Products - Boilers - Cast Iron Radiators - Maintenance Package amph.ca 613-546-6846 COMMITTED TO A PROMPT RESPONSE TO YOUR CALL Free Estimates!	
VOLVO VAN HERPT VOLVO CARS KINGSTON www.vanherptvolvo.com 613-542-2284 	Lemmon & SON (1973 LTD.) PLUMBING HEATING COOLING 613-546-9161	 DENNEE OUR FAMILY YOUR FUTURE Sales Representatives DON (613) 328-3333 JUDY (613) 329-9333 *NICOLE (613) 536-8001		
 Mercedes-Benz Kingston www.mercedes-benz-kingston.ca 613-548-8600	 CATARAQUI GRANITE (613) 389-3998 info@cataraquigranite.com	ROYAL LEPAGE ProAlliance Realty 80 Queen St. Kingston, On K7L 6W7 613-544-4141 don@dennee.com judy@dennee.com nicole@dennee.com www.dennee.com		

Our bulletin is sponsored by Knights of Columbus St. Joseph's Council #11670. For advertising contact the parish office.